

Today's Take-Aways

As the situation regarding COVID-19 continues to change, please note that the most recent information, guidance and updates can be found in the weekly Pulse newsletter which is archived in the Staff Resources section of the hospital's website. Important COVID-related memos are also archived in this location and can also be found on the Intranet.

Regional Updates

- Ottawa hospitals are finding themselves in improved circumstances with occupancies in most slightly under 100% and the health care teams feeling cautiously optimistic that the situation is improving.
- The number of Alternate Level of Care (ALC) patients is also on the decline thanks to a number of supports put in place including the opening of a new ALC transitional care facility in Ottawa.
- Regional planning for COVID-19 vaccine distribution is underway with toolkits in development, various meetings taking place and discussions around logistics starting to happen.
- Public Health is expected to issue some messaging around Christmas in the coming days urging caution in holiday plans and asking everyone to maintain diligence around COVID safety measures even though we have low transmission rates in Renfrew County.

Supplies

- There are emerging concerns about the availability of Nitrile gloves and gloves in general. Specifically, it is anticipated that there may be a significant shortage in the first quarter of 2021. In addition we are noticing an increase in use at PRH. To get ahead of any possible shortages there may be some control measures put in place around glove usage as well as an evaluation of anticipated demand.

Occupational Health and Safety

- At this time approximately 51% of our health care team have received the flu shot. If you would like to get a flu shot, call 7202 to book appointment. Plans are also being made to host a flu shot clinic for family members of staff. Stay tuned for more details!

Infection Prevention and Control

- Now that the COVID-friendly guidelines for the holiday season have been issued, departments will now be receiving their Christmas decorations on the units.

Clinical Updates

- Acute Mental Health – Staff have taken the initiative and are developing education to share with other departments in the hospital regarding the care of mental health patients in other areas including critical care and rehabilitation. More details to come on this.

Today's Take Aways...Continued From Front

Food Services

- In preparation for the December 9th Turkey Meal being provided to all by the hospital, a reminder that pre-orders and specific pickup time are required for groups of 10 or more. All pre-orders must be submitted to pr@prh.email by 11 a.m. December 8th in order to help facilitate smooth and efficient distribution of the meals.
- The Lunch Box now has 1lb bags of whole bean Engine House coffee now available for purchase. The cost is \$18/bag.



**In Appreciation For All That You Do,
Staff, Physicians And Volunteers Are
Welcome To Enjoy A Festive Turkey Meal
With All The Trimmings!**

Wednesday, December 9th



11:30 a.m. to 1 p.m. For Day Shift (packaged for take-out)

4:30 - 5:30 p.m. For Evening Staff (packaged for reheating)

Evening Delivery to Units for Night Staff (packaged for reheating)

Menu: turkey, dressing, carrots, mashed potatoes, gravy, cranberry sauce and seasonal cookies (vanilla shortbread and gingerbread).

Gluten Free option is available upon request.

Thanks to our own Food Services staff who will be preparing and serving these festive meals.

**COVID precaution measures are in effect.
GROUPS OF 10 OR MORE MUST PRE-ORDER.**

Pre-Order Requirements:

Department/Group name, number of meals required, pickup time (between 11:30 a.m. and 1 p.m.).

**Pre-orders MUST be emailed to pr@prh.email no later than
DECEMBER 8 @ 11 a.m.**



GRATITUDE

• Thank you to everyone who assisted in the safe delivery and transfer of extremely premature twins on November 29th. You showed teamwork, excellent communication and phenomenal skills. It was inspiring to be part of this.

LDRP Nurses - Shelley Mask, Chanda Silva, Trina Dick, Teena Nagora, Stephanie Stewart, Andrea Samson, and Rachel Recoskie; **Resource Nurses (scribes)** - Patricia Mackenzie and Nancy Corriveau; **Respiratory Therapists** - Ariel Nieman and Katie Sally; **Obstetrician** - Dr. M. Alhagri; **Anaesthesia** - Dr. Joel Ward; **Newborn physicians** - Dr. Heather Castillo and Dr. Rachelle Denis; **OR Nurses** - Karie Bissonnette, Tamara Rose and Robin Dyer; **Pharmacy team** - Christina Rey-McIntyre and Kristie Dulac; **Charge Nurse** - Mila Schryer and Jeris Johnston; **Diagnostic Imaging, the Lab, the ICU, Medical Records and Code Team staff.** *From Dr. Richard Johnson.*

• Congratulations to **Dr. Debbie Timpson** who was part of the writing group for the WSO "International Journal of Stroke". This is a huge achievement! We are so fortunate to have you here at PRH to share your knowledge as our stroke expert! *Lisa Keon*

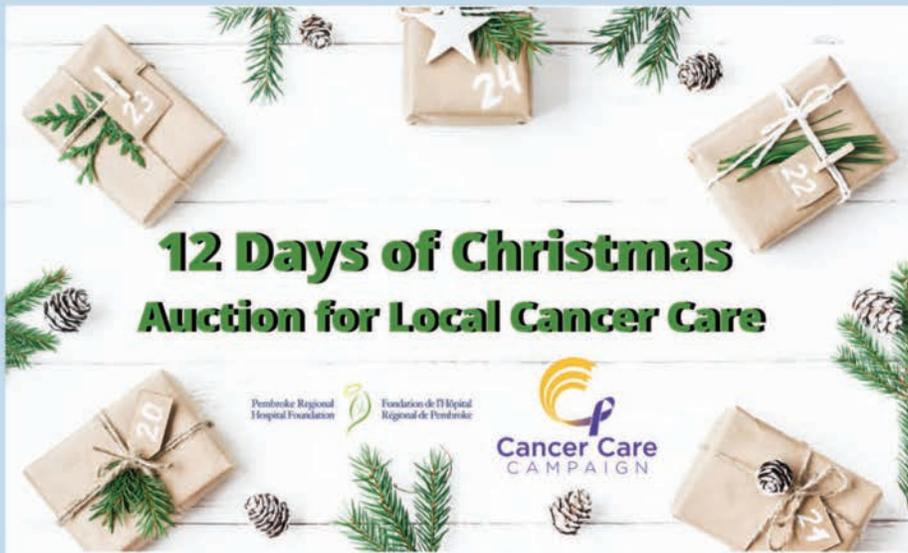
• Thanks to **Melanie Prescott and Lori Burskey from Maintenance** who assisted in bringing in 515 poinsettia plants for the Staff Association's Poinsettia distribution day today!

Foundation News

Pembroke Regional
Hospital Foundation



Fondation de l'Hôpital
Régional de Pembroke



Auction opens Thursday,
Dec 3rd at 12pm!

There is still time to
donate an item until Dec
2nd at 4pm.

Contact
leigh.costello@prh.email



Week #20 Winner

Congratulations

**Terry
Smart**

Weekly Pot \$2,947

Winning ticket
#T-6658692
Card #51 - 3 of
Hearts

Catch the Ace
Drive Thru
Sponsors
NOVEMBER



Perri-Rae Boell & Associates Inc



**THANK
YOU!**

Week 21 Draw is now LIVE!

Jackpot is estimated to be over \$58,000 next week!

PRHcatchtheace.ca



AUTO LOTTO
FOR HEALTHCARE

Pembroke Regional
Hospital Foundation



Fondation de l'Hôpital
Régional de Pembroke

PETAWAWA



DRAW TAKES PLACE DECEMBER 8TH AT 1PM!

GET YOUR TICKETS AT AUTOLOTTO.CA

PRH Staff Association Party In A Bag Pickup

A reminder to the 118 staff who registered for
this event that "Bag" pickup will take place:



**Mon., Dec. 7th,
2-4 p.m.
in the
Lunch Box**

Current Facts and Figures

- **Renfrew County:**
 - 0 active cases, 1 death
 - 40,315 tests completed
- **Ottawa:**
 - 362 active cases,
 - 378 deaths
- **Ontario:**
 - 18,224 active cases, 3,698 deaths

