

## Today's Take-Aways

### Regional Updates

- While we are still in pretty good shape with some sporadic active cases, we have now had a cumulative total of 106 COVID positive cases in Renfrew County since March. There is evidence of community transmission but it's not widespread. Work continues to reinforce the importance of masking, distancing and good hand hygiene. There is also some new information being circulated about home made mask requirements and ways in which Canadians need to learn to safely live with COVID in our communities so more to come on that.

- New direction was given by the Renfrew County and District Health Unit on October 30th with regards to self-isolation in the form of a new order. There have since been some questions brought forward about how this order will impact staff in terms of work isolation. This direction is being reviewed and a decision tree is being developed for asymptomatic staff under various circumstances. Once distribution of this has been approved, it will be shared broadly.

- Universal eye protection has been rolled out in all Renfrew County hospitals and is being well received as an additional safety measure offering protection from any positive cases of COVID.

### EORLA

- COVID test turn-around times are currently in the range of 14-17 hours from the time they receive the samples.

- EORLA will be taking on the testing for the Renfrew County Virtual Triage and Assessment Centre.

### Human Resources

- In alignment with the regional approach, we are reinstating temporary paid leave for part-time employees who have been directed by Occupational Health and Safety to self-isolate at home. These temporary benefits don't apply to those employees who are authorized to work under "work self-isolation" or who can work productively from home.

There are three categories which may identify an eligible absence:

1. Asymptomatic employees who have had a high risk exposure.
2. Employees with symptoms of COVID-19 but no high risk exposure.
3. Employees with symptoms of COVID-19 who have had a high risk exposure, as well as employees who have tested positive for COVID-19.

The start of paid leave will coincide with the date of the COVID test and end when a negative result has been received. If you still have symptoms that require you to be off, you will access your sick leave as per your collective agreement and/or terms of reference.

- During the next few months, our hospital, along with 23 other health care organizations in the Champlain region are taking part in a new recruitment campaign under the heading of "Ottawa Health Careers".

## Today's Take Aways...Continued From Front

As part of this new regional recruitment initiative, hospitals, labs and long-term care facilities have joined together to recruit for a thousand jobs. We want to make sure there is enough staff to support our hospital through the pandemic, and well into the future.

Pembroke Regional Hospital is proud to be a part of this campaign and is hopeful this forum will add more people to our team! The website is [ottawahealthcareers.ca](http://ottawahealthcareers.ca). Job seekers interested in our positions will be connected to our website where they will be posted. We already have some positions posted there today, and others will be added over the coming months. Of course, internal candidates will be considered first.

Together, we are growing our local healthcare capacity to provide even better patient care and add some additional bench strength to support our team.

### Occupational Health and Safety

• Flu Shot Clinics are now in their second week and as of Tuesday we have had uptake from 236 staff, 27 physicians and eight volunteers/students. While the clinics will continue to “roam”, Occupational Health and Safety has also scheduled a number of daily “stationary” clinics continuing next week as follows:

- 10 a.m. to noon and 3-4 p.m. Stationary clinic in A414 Monday, Tuesday, Thursday and Friday
- 1- 2:30 p.m. Roaming clinics daily throughout the hospital
- Due to the Remembrance Day statutory holiday next Wednesday, no flu clinics will take place

Staff need to email to schedule an appointment for the stationary flu clinics. Please indicate your preferred date and time and they will confirm your appointment by email.

Anyone preferring a private appointment to obtain their flu shot can call Occupational Health and Safety at extension 7202 to book.

• Staff can expect to see a process of random audits taking place with regards to the following:

- Breakroom COVID safety measures
- Use of universal eye protection
- Staff screening (paper and electronic)

### Clinical Updates

• Emergency department - Working on finalizing a new staffing model and the possibility of bringing paramedics into the ED to work.

• Ambulatory Clinics – Work continues on reducing the waitlist for stress tests. There are now about 45 patients waiting for an appointment.

### Miscellaneous

• Please note that due to the November 11th statutory holiday for Remembrance Day, next week's edition of The Pulse will come out on November 10th.

## GRATITUDE

• Laurie Menard recently celebrated Janna Desroches and Victoria Hartwig for their great assistance in hiring RPNs and CCA for our Medical program. Thank you for everything you do for our organization!

• Christina Nikolova and Naomi Beaulieu were recently celebrated at Operations Committee for their work on bundled care. Out of five organizations in the Champlain Health Region, we are the only one that has 100% reconciliation on all of our bundled care patients.

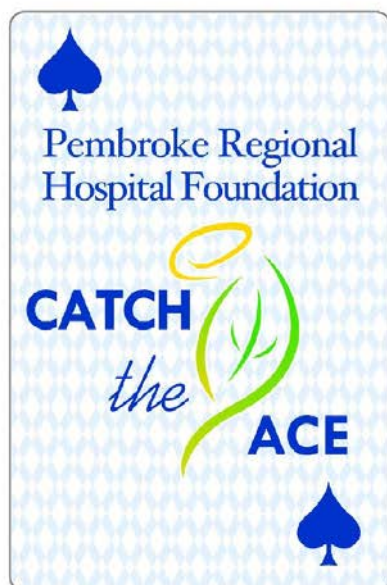
Well done!!

# Foundation News

Pembroke Regional  
Hospital Foundation



Fondation de l'Hôpital  
Régional de Pembroke



**Catch the Ace tickets are available:**

**Online** at [www.prhcatchtheace.ca](http://www.prhcatchtheace.ca)

**At the Mural Café, 9:30am-2pm,  
Mondays, Tuesdays and Thursdays**

**Drive Thru** at 775 Pembroke St East,

**Mondays 10am-8pm,**

**Tuesdays 8am-3pm, Thursdays 5-8pm,**

**Saturdays 10am-2pm**

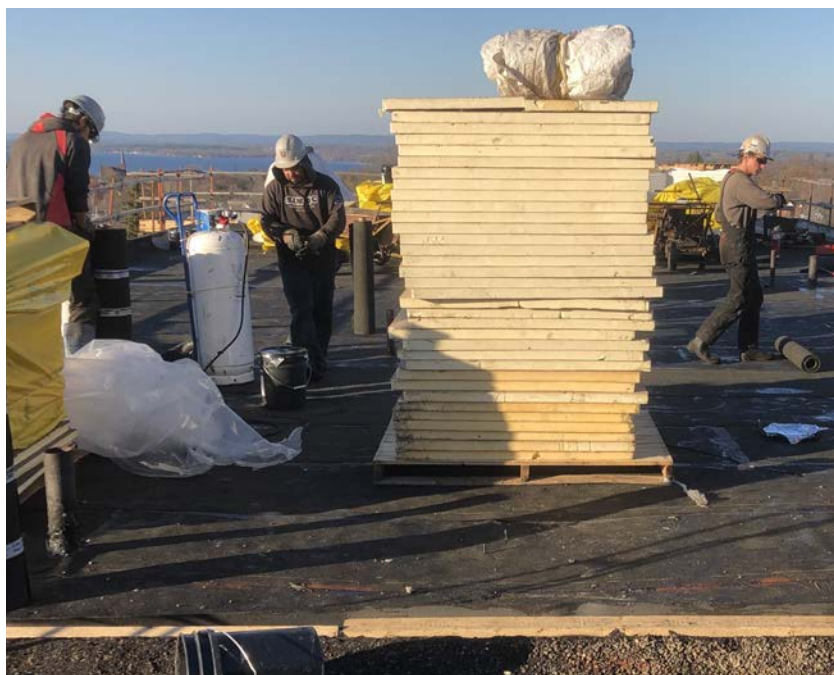
## CONSTRUCTION CORNER

### Rehab Roof Project:

Two accessible ramps were installed this week. All the work has been completed except for the nurse call device. The wooden post structure in the middle of the deck was an add-on piece that still has to be designed. The contractor is wrapping up the project and will be returning the construction site back to its original state along with the parking lot.

### Tower A Roof Project:

Work is progressing well with the south end of the main roof sealed and working on getting the north end completed. There is about two weeks of work remaining, weather permitting.



# Guardian Angels

Dr. Quirion & Dr. Hurley



Pembroke Regional  
Hospital Foundation



Fondation de l'Hôpital  
Régional de Pembroke

## How was your day?

Stressful

Scary

Exhausting

Busy

Sad

Healthcare workers are at the front lines of the COVID pandemic. Increased feelings of stress, worry and anxiety are normal under these conditions. Support is available to help you cope.

### COVID Frontline Wellness

provides confidential access to services and tools to support your mental wellbeing.

Just book an appointment online and one of our clinicians will call you to discuss your needs and connect you with the supports that are right for you.

For more information and to book go to:  
[www.theroyal.ca/covid-frontline-wellness](http://www.theroyal.ca/covid-frontline-wellness)

It's simple. It's confidential. It will help.

If you are a health care worker\* impacted by stress related to COVID-19, please reach out.



WHAT'S ON  
the  
MENU

For The Period Of

**November 5th to November 13th**

November 5: Pulled Pork with bun and coleslaw

November 6: Beef Stroganoff with steamed broccoli

November 9: Beef stir fry

November 10: Pizza (pepperoni and deluxe)

November 11: Closed for Remembrance Day

November 12: Hamburger casserole / Taco Wraps

November 13: Lemon Pepper Cod, Baby Red Potatoes

and California vegetable mix

# Employee Discounts



## Looking for staff discounts?

All staff discounts, employee offers, promotional codes and other PRH perks can now be found on the Staff Resources section of the PRH website:

<https://www.pemreghos.org/staffdiscounts>

## What discounts are there?

PRH Staff Association / Insurance Providers  
Local Health and Fitness Facilities / CAA  
Scrubs / Access Perks / Perkopolis  
Park 'n Fly and more...

## Do You Have A COVID-19 Question?

Email: [covid19questions@prh.email](mailto:covid19questions@prh.email)

## Would you like to celebrate or express gratitude to a group or individual?

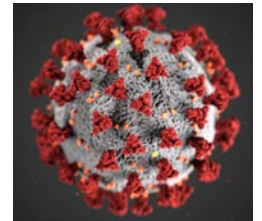
Email: [celebration&recognition@prh.email](mailto:celebration&recognition@prh.email)

For other questions/concerns, contact Infection Prevention and Control (ext. 7106) or Occupational Health and Safety (ext. 7202).



## Current Facts and Figures

- PRH: 0 COVID positive patients
- Renfrew County:
  - 12 active cases, 1 death
  - 35,756 tests completed
- Ottawa:
  - 707 active cases, 330 deaths
- Ontario:
  - 11,503 active cases, 3,182 deaths



**Week #16 Winner**  
*Congratulations*  
**SHIRLEY  
BADGLEY**  
Weekly Pot \$2,396

Winning ticket  
#P-1141331  
Card #7 -  
10 of Hearts

Catch the Ace  
Drive Thru  
Sponsors  
NOVEMBER

  **THANK YOU!**

Perri-Rae Boell & Associates Inc.

**Week 17 Draw is now LIVE!**  
Jackpot is estimated to be over \$40,000 next week!  
[PRHcatchtheace.ca](http://PRHcatchtheace.ca)

## PRH Voluntary Redeployment – SURVEY



SCAN HERE  
or  
COPY LINK  
HERE



SUPPORTING  
OUR  
COMMUNITIES  
DURING THE  
PANDEMIC

<https://www.pembrokeregionalhospital.ca/staff-redeployment>