

## Today's Take-Aways

### News Related to COVID-19

#### Regional Updates

- A regional framework has been created for hospital Visitor policies. This framework has been reviewed to ensure ours is aligned. At this time there will be no changes to the policy, however there will be some enhanced communication about the policy with patients and their families upon admission and signage about the policy is being mounted in patient rooms, common areas on the units and in the Tower A and B elevators.

- Ottawa hospitals are still experiencing great challenges around occupancy and are looking to others in the region for opportunities to relieve some of these pressures.

- Recognizing that most hospitals have a lot of pressures to provide acute care, the province has tasked the Ministry of Home and Community Care with to lead the support to long-term care.

#### EORLA

- Given some of the recent COVID cases, EORLA is once again seeing an increase in testing demand meaning that turn-around times may be longer than usual until their planned increased capacity kicks in at the end of November.

#### Supplies and PPE

- Our PPE supply status remains strong with gloves still outstanding as a global challenge due to supply issues. Our hospital will be taking advantage of an opportunity to purchase a large quantity of ear loop masks which will amount to a six-month supply.

- Effective November 2nd we will be implementing universal eye protection for all staff during patient encounters. More communication will be rolled out on this by the end of the week.

#### Occupational Health and Safety

- Flu Shot Clinics launched this week and as of noon on Tuesday we already had uptake from 89 staff and 12 physicians! While the clinics will continue to “roam”, Occupational Health and Safety will also be scheduling a number of daily “stationary” clinics starting next week as follows:

- 10 a.m. to noon Stationary clinic in A414
- 1- 2:30 p.m. Roaming clinic throughout the hospital
- 3 - 4 p.m. Stationary clinic in A414
- There will also be a roaming clinic Nov. 2, 4 and 5 from 4-8:30 p.m.



# Today's Take Aways...Continued From Front

## Occupational Health and Safety Continued

Staff need to email to schedule an appointment for the stationary flu clinics. Please indicate your preferred date and time and they will confirm your appointment by email.

Anyone preferring a private appointment to obtain their flu shot can call Occupational Health and Safety at extension 7202 to book.

## Clinical Updates

- Please note that, due to a global shortage of COVID testing swabs, staff will notice a variety of different products/swabbing kits being used and in circulation.

- Staff and physicians must complete a point-of-care risk assessment prior to each patient interaction and select the PPE appropriate for the task. Staff and physicians must be knowledgeable of Aerosol Generating Procedures (AGMPs) and, when it is appropriate, utilize an N95 respirator and airborne precautions. For an up-to-date list of AGMPs, refer to the "Respiratory Procedures Generating Droplet Aerosols" Policy in Policy Medical.

- In order to provide some assistance to our regional partners, over the next several months our orthopaedic surgeons will be taking on some hip and knee procedures locally for those patients from the Ottawa area who have had extended wait times for their surgeries.

- Our Diagnostic Imaging department is also looking at supporting patients from Ottawa area hospitals who require CT scans with additional appointments opening up for those patients.

## Other News Items

### Food Services

- Upcoming hot meal features:

October 29 - BBQ drumsticks with scalloped potatoes and carrots

October 30 - Dip and Dust Fish with potato wedges / Halloween Treat Day

- We also have seasonal pumpkin spice chocolate chip muffins in the cafeteria this week.

THE PEMBROKE REGIONAL HOSPITAL GIFT SHOP

## **A TOTE BOX SALE**

**OCTOBER 18 TO 24** "A BOX OF HATS" \$10

**OCTOBER 25 TO 31** "A BOX OF SCARVES, MITTS & GLOVES" \$10

**NOVEMBER 1 TO 7** "A BOX OF PURSES" \$20

**NOVEMBER 8 TO 14** "A PRE-CHRISTMAS BOX" \$10

**NOVEMBER 15 TO 30**

## **CHRISTMAS OPEN HOUSE SALE**

**20 PERCENT OFF ALL MERCHANDISE**

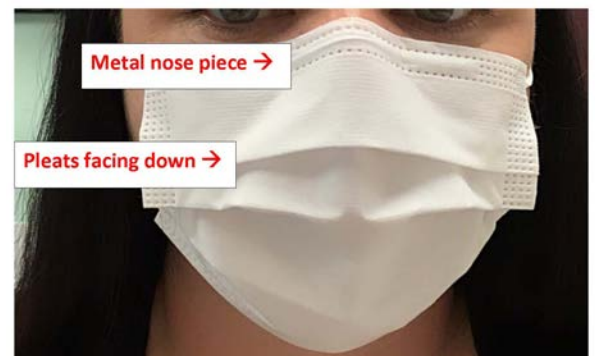
*(PLUS STAFF/VOLUNTEER DISCOUNT & THE USUAL EXEMPTIONS)*

*SEASONS GREETINGS from your Gift Shop  
volunteers & THANKS for your continued support*

## New face masks **COMING SOON!**

Our new masks from a different supplier are white on both sides, so it may be difficult to tell which side goes out...Here are some tips to help be sure you are wearing the mask correctly...

1. Pleats facing downward on the outside of the mask
2. Pleats facing upwards inside the mask, the part that goes against your face
3. Metal nose piece, shaped to fit the nose





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TICKETS TODAY AND SUPPORT OUR**

[www.autolotto.ca](http://www.autolotto.ca)



Pembroke Regional  
Hospital Foundation  
Fondation de l'Hôpital  
Régional de Pembroke



**AUTO LOTTO**

CAR LOTTERY FOR HEALTHCARE



Huckabone's  
Equipment



**1 TICKET**

**\$25**

**5 TICKETS**

**\$100**

We are thrilled to announce the launch of our new campaign, the Cancer Care Campaign! Our new campaign will improve the local care for a disease that touches 1 out of every 2 people.

Let's *keep cancer care closer to home* with the Foundations Cancer Care Campaign

1st Early Bird Draw November 2nd

## CONSTRUCTION CORNER

**Rehab Roof Project:** The planting was completed this week. The bollards with electrical receptacles and cell phone charging stations were installed along with curbing and a small water fountain. Work is continuing on the accessible ramps. The remaining work will involve installing a wooden post structure in the middle of the deck and the nurse call device in case of an emergency.

**Tower A Roof Project:** Work continued for a few days this week despite the rain and snow flurries.

**Tower A 1st Floor North Wing:** Tarping was installed in front of MDR for infection control.



# GRATITUDE

## Pharmacy

• We would like to express our extreme gratitude to everyone involved in the improvements made for the cleaning of our hood rooms in pharmacy. Your commitment to patient safety has not gone unnoticed.

## Miscellaneous

• **Rachel England** was celebrated by Lisa Bradley and Dean Quade for her tremendous support to the Rehab program. “You will be truly missed and it will be difficult for anyone to fill your shoes in this role! Thank you for everything you do to support our staff in providing excellent health care.”

• Thank you to **Karen Lavigne (PIC)** for being an amazing co-worker! She came in before her shift to help all of us get set up for a very busy day in the Ambulatory Clinics when she was over in TJAC. She is so thoughtful and is always willing to help anyone in need! *Ashley McKeown*

• I would like to celebrate **our all of our housekeeping staff in Emergency, especially Glenda Klawitter** for going above and beyond to make sure our Ed Registration area was amazingly clean. She always seems to give 110% to whatever task she is doing! Thank you!! *Ashley McKeown*



## PRH Staff Association Treat Day

**Featuring 2 Tarts & A Truffle Boxed Cupcake**

**Monday, November 2nd,**

**11:30am-1pm and 3:30-4:30pm**

**(The Lunch Box, Tower A, 2nd Floor)**

## PRH Staff Association - Christmas Activities 2020 Update

On behalf of the PRH Staff Association we wanted to let everyone know that as of our October 20th meeting we have officially cancelled our December 13th Family Christmas Party at the Petawawa Civic Centre and the December 19th Christmas Dinner and Dance at Germania Hall.

As you can imagine, this was not an easy decision, but given the current status of the pandemic, we were left with no other choice.

We have, as of now, rescheduled both events for 2021 – with the Family Christmas Party scheduled for December 12th, 2021 and the Christmas Dinner and Dance at Germania scheduled for December 4, 2021 so mark those dates in your 2021 calendars!

### CHRISTMAS PARTIES 2020 – “PLAN B”

Cancelling our parties, however, doesn't mean that we have cancelled all Christmas activities. As alternatives to our parties, the PRH Staff Association is now coordinating the following:

1. On December 2, 2020 – ALL PRH Staff Association members (approximate 500 of our staff), will receive a 6” Poinsettia plant! These will be distributed to departments along with a list of all those staff in each department who are Staff Association members. More details to come!

2. We are replacing our Family Christmas Party with a “Party in a Bag” alternative which will include a pizza voucher, a gingerbread decorating kit, and craft items. There will be a sign up process for these and a cost of \$10. More details to come!

And, on December 9th, the Pembroke Regional Hospital will be providing festive holiday meals for all who are working or wish to come and get a takeout meal on that day. More details to come on that as well!



**Ways To Celebrate Halloween At PRH**

- Decorate your workspace/office door.
- Wear orange and black .
- Wear a costume where appropriate. (individually or as part of a group)
- If you're wearing Halloween attire (costume or colours), email [pr@prh.email](mailto:pr@prh.email) by 2:30 p.m. to be entered in a draw.

**A Special Treat!**

- PRH is sponsoring a special festive treat, available for pick up in The Lunch Box 11:30 a.m.- 1 p.m.
- Staff working evenings/nights will receive some on the units.
- If possible, to reduce the number of people in the cafeteria, send a runner to pick up for those who would like one (bring a cart/tray).

**Friday, October 30th**

**Bring the spirit of Halloween To PRH!**



**NOTES:**

- Decorations and costumes should be work/hospital appropriate and incorporate appropriate PPE.
- To schedule costume photos, call 6165 or email [pr@prh.email](mailto:pr@prh.email).

**How was your day?**

**Stressful**

**Scary**

**Exhausting**

**Busy**

**Sad**

Healthcare workers are at the front lines of the COVID pandemic. Increased feelings of stress, worry and anxiety are normal under these conditions. Support is available to help you cope.

**COVID Frontline Wellness** provides confidential access to services and tools to support your mental wellbeing.

Just book an appointment online and one of our clinicians will call you to discuss your needs and connect you with the supports that are right for you.

For more information and to book go to: [www.theroyal.ca/covid-frontline-wellness](http://www.theroyal.ca/covid-frontline-wellness)

**It's simple. It's confidential. It will help.**

If you are a health care worker\* impacted by stress related to COVID-19, please reach out.

**BUY ONLINE**

**PRHcatchtheace.ca**



**Tickets**

3 for \$5

10 for \$10

40 for \$20

Lottery Licence #12017

Help bring health care closer to home

# Employee Discounts



## Looking for staff discounts?

All staff discounts, employee offers, promotional codes and other PRH perks can now be found on the Staff Resources section of the PRH website:

<https://www.pemreghos.org/staffdiscounts>

## What discounts are there?

PRH Staff Association / Insurance Providers  
Local Health and Fitness Facilities / CAA  
Scrubs / Access Perks / Perkopolis  
Park 'n Fly and more...

## Do You Have A COVID-19 Question?

Email: [covid19questions@prh.email](mailto:covid19questions@prh.email)

## Would you like to celebrate or express gratitude to a group or individual?

Email: [celebration&recognition@prh.email](mailto:celebration&recognition@prh.email)

For other questions/concerns, contact Infection Prevention and Control (ext. 7106) or Occupational Health and Safety (ext. 7202).



## Week #15 Winner

*Congratulations*

**Theresa**

**Rose**

Weekly Pot \$2,137

Winning ticket  
#O-1299708  
Card #52 - 8 of Spades

Catch the Ace  
Drive Thru  
Sponsors  
OCTOBER



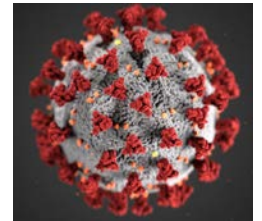
THANK  
YOU!

Week 16 Draw is now LIVE!

Progressive Jackpot now **\$29,512** and climbing  
[PRHcatchtheace.ca](http://PRHcatchtheace.ca)

## Current Facts and Figures

- PRH: 0 COVID positive patients
- Renfrew County:
  - 10 active cases, 1 death
  - 34,991 tests completed
- Ottawa:
  - 698 active cases, 317 deaths
- Ontario:
  - 10,582 active cases, 3,108 deaths



## PRH Voluntary Redeployment – SURVEY



SCAN HERE  
or  
COPY LINK  
HERE



SUPPORTING  
OUR  
COMMUNITIES  
DURING THE  
PANDEMIC

<https://www.pembrokeregionalhospital.ca/staff-redeployment>