

Today's Take-Aways

News Related To COVID-19

Regional Updates

- The number of active COVID-19 cases in Ottawa continues to rise and this is resulting in an increased number of hospitalizations, concern, and staffing issues amongst our partners in the Ottawa region. We will be doing what we can to support them in a strategic way through quick repatriation of patients where possible. We will also be taking on some of their surgical cases and expanding our Diagnostic Imaging hours to accommodate more urgent CT and MRI appointments that can't be accommodated in Ottawa.

- As the region heads back into full COVID-19 response mode, we are seeing a ramp up of committee activity across the region once again.

- At Tuesday's Regional Flow Meeting, it was reported that Ontario Health is reaching out to long-term care homes who aren't in outbreak to see if they could take long-term care patients into awaiting beds in order to create some bed capacity particularly in Ottawa's hospitals. Bruyère's new temporary transitional facility should be ready to take some of these patients in November.

PPE

- Our supply of personal protective equipment continues to be relatively stable. It is anticipated that we will receive our first order of Canadian-made procedure masks next week. There will be some education around this as it is anticipated that the masks will look different from our current supply.

- The Ministry of Health has updated Directive #5 with regards to use of N95 masks. For more details visit www.health.gov.on.ca and use the search term "Directive 5".

Human Resources

- Staff are reminded to please take a moment to fill out the Voluntary Deployment Survey which is available on the PRH Intranet.

- Staffing continues to be challenging throughout the organization with a high number of sick calls being received each day (14 on average). This is creating some pressure at the department level.

Occupational Health and Safety

- The number of staff, physicians and household members requiring COVID-19 tests onsite has decreased. This may be in part due to the revised testing criteria for school age children.

- A new pictogram is included in today's edition of The Pulse that clearly outlines the in-house testing process. This new graphic has also been shared on The Loop on Facebook.

- Plans are underway for flu shot clinics at PRH to begin the week of October 26th. There will be an expectation for departments to schedule clinic time for their staff. Additionally, we are planning to make the flu shot available at every patient encounter. Stay tuned for more details.

Today's Take Aways...Continued From Front

Other News Items

Communications

• It is anticipated that the fall edition of Community Connection, our public newsletter will be posted on our website this Friday and it will be in broad distribution to our community via Canada Post by the end of the month.

• We are starting the process to update the PRH Welcome Guide for inpatients. This is the communication tool that is given to all admitted patients. It is also available on our website. In the coming weeks, the Management Team will be asked to review the existing document and provide suggested edits/additions for the 2020/2021 edition which will be available in January or February of 2021.

Food Services

• This week, Food Services was able to provide hot meals in The Lunch Box Wednesday through Friday. Next week they will be providing daily hot meal features.

Upcoming Features:

October 15 – Cabbage Rolls with a side of Seasoned Vegetables (Only 16 servings available)

October 16 – Chicken Parmigiana with Rice & Green Beans

October 19 – Beef Stew with a Bun

October 20 – Beef Lasagna with a side Caesar Salad

October 21 – Sweet & Sour Meatballs with Rice and Green Beans

October 22 – Chicken Tetrizzini with Broccoli

October 23 – Sante Fe Chicken Flatbread

• The Lunch Box also has added some feature items including seasonal pumpkin muffins and confetti Rice Krispies treats (October 16th) so it's worth popping in because you never know what extra treats might be created each day.

PRH Voluntary Redeployment – SURVEY



SCAN HERE

or

COPY LINK
HERE



SUPPORTING
OUR
COMMUNITIES
DURING THE
PANDEMIC

<https://www.pembrokeregionalhospital.ca/staff-redeployment>

Survey for All Staff:

- only takes a few minutes to complete

**A Call to Action:
Essential Service Workers**

CONSTRUCTION CORNER

Tower A:

- The 1st floor old Lab has been renamed 1A North. Work in the back storage corridor was completed with new LED light fixtures installed. The sprinkler contractor started installing the main line in the corridor and the branch lines in the offices. The HVAC contractor started work on the ductless split air conditioning system. Site visits were held with both general and electrical contractors for gathering quotes on repairing the walls and upgrading the electrical panels and wiring.

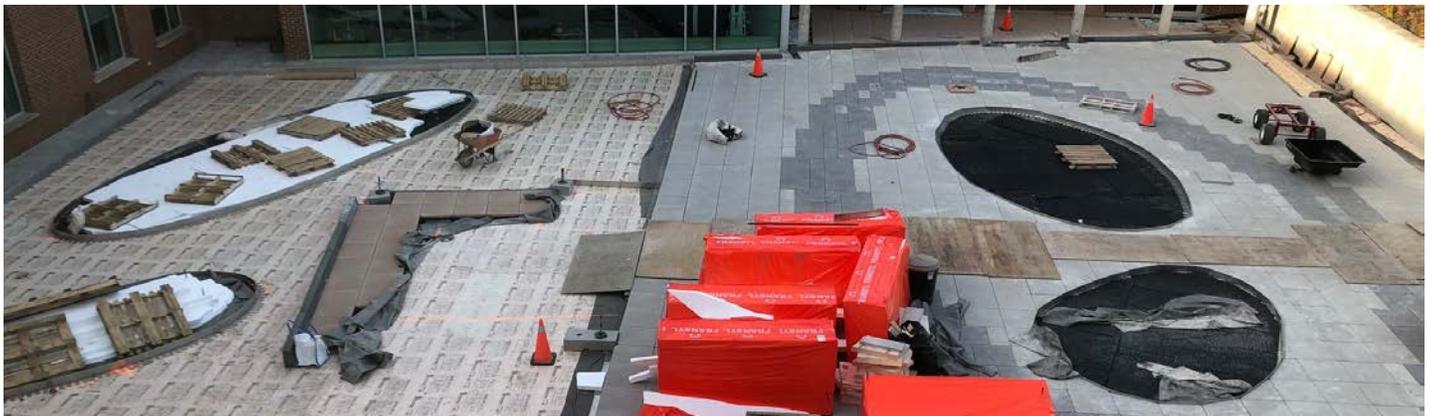
- Tower A Roof Project: Work resumed today after a two-week delay due to COVID with the full crew drying the Penthouse roof before the membrane is installed.

- Safety sensors were installed above each of the entrance doors to prevent the doors from automatically closing on the patients after the open delay timed out.

Tower B:

- Rehab Roof/Deck Project: The installation of the contrasting darker paving stones to make the layout of the oval track was completed. The mounds that will retain the soil and plants were installed with layered foam to provide the desired height. The side courtyard is starting to take shape.

- Safety sensors were installed above each of the entrance doors to prevent the doors from automatically closing on the patients after the open delay timed out.



Foundation News

Pembroke Regional
Hospital Foundation



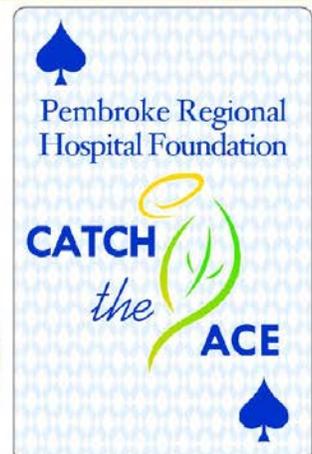
Fondation de l'Hôpital
Régional de Pembroke

Thank you PRH Staff for supporting the ongoing
Auto Lotto and Catch the Ace
Fundraising Lotteries!



**AUTO
LOTTO**
FOR HEALTHCARE

Pembroke Regional
Hospital Foundation
Fondation de l'Hôpital
Régional de Pembroke



2 Tarts & A Truffle



PRH Staff Association Treat Day

Featuring 2 Tarts & A Truffle Boxed Cupcake

Monday, November 2nd,

11:30am-1pm and 3:30-4:30pm

(The Lunch Box, Tower A, 2nd Floor)

This is no ordinary cupcake!

Their vanilla-flavoured cupcakes feature a cookie base, followed by a thin layer of Belgian chocolate, then the cake, and buttercream icing to top it off!

Each cupcake will be individually boxed for easier transport and to adhere to COVID safety measures.

COVID-19 MEASURES / Treat Day Etiquette

1. Pre-orders are strongly advised, especially for groups. Individuals can pre-order too.
2. Pre-order lists must be emailed to carolyn.levesque@prh.email by **Monday, October 26th at 12 noon.**
3. Pre-orders can be picked up by group representatives during the distribution times on November 2nd.
4. If you don't pre-order, you CAN still pick up your cupcake on distribution day WHILE SUPPLIES LAST.
5. Please note that groups who pre-order are responsible for ensuring staff on their lists get their treats.
6. To ensure we have enough treats for those who want them, please refrain from taking a portion if you don't want one. *Thank you*



COVID-19 Testing Process For Staff, Physicians and Their Household Members

Staff or Physicians

1. If you are experiencing COVID-19 symptoms, please call extension 8200. If testing is required, you will be provided with a date and time for testing.

2. Everyone who is tested will receive an information sheet on how to get results.

3. Test results take 24-48 hours. If you obtain a negative test result online, and your symptoms are improving or you have been symptom-free for 24 hours, please call extension 8200 to discuss your return to work.

If your test result is positive, remain isolated at home and contact Occ. Health to discuss the next steps.

PLEASE NOTE:

All communication related to testing must be done by calling 8200 or emailing occhealth@prh.email, and NOT through Facebook Messenger or personal text messages.

Drive-up testing clinics are held Monday to Friday and are located at the Tower D loading zone underneath the link to the ORs.



Additional Notes:

1. When checking results online, a default message will appear if your results aren't ready. Disregard the message and check again at a later time. Please be patient.

2. If you are a Quebec resident, a member of the military or hold a red and white health card, you will not be able to access your results online. Occ. Health will call you with the results when they are ready.

Household Members

1. If a member of your household is experiencing COVID-19 symptoms, you must email occhealth@prh.email. If testing is required, you will be provided with a date and time for testing.

2. If you have not heard back from Occ. Health within 48 hours of sending the email, please call extension 8200 during regular business hours to schedule an appointment time.

3. Every household member who gets tested will receive an information sheet with details on how to get results.



Employee Discounts



Looking for staff discounts?

All staff discounts, employee offers, promotional codes and other PRH perks can now be found on the Staff Resources section of the PRH website:

<https://www.pemreghos.org/staffdiscounts>

What discounts are there?

PRH Staff Association / Insurance Providers
Local Health and Fitness Facilities / CAA
Scrubs / Access Perks / Perkopolis
Park 'n Fly and more...

Do You Have A COVID-19 Question?

Email: covid19questions@prh.email

Would you like to celebrate or express gratitude to a group or individual?

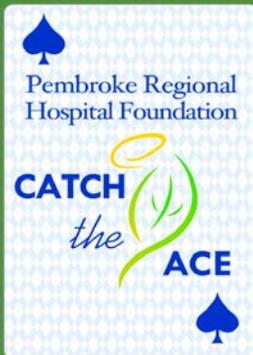
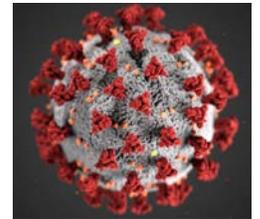
Email: celebration&recognition@prh.email

For other questions/concerns, contact Infection Prevention and Control (ext. 7106) or Occupational Health and Safety (ext. 7202).



Current Facts and Figures

- PRH: 0 COVID positive patients
- Renfrew County:
 - 8 active cases, 1 death
 - 30,366 tests completed
- Ottawa:
 - 769 active cases, 297 deaths
- Ontario:
 - 8,901 active cases, 3,017 deaths



Week #13 Winner

Congratulations

SCOTT COLLINS

Weekly Pot \$1,721

Winning ticket
#m-2468828
Card #13 - 8 of Clubs

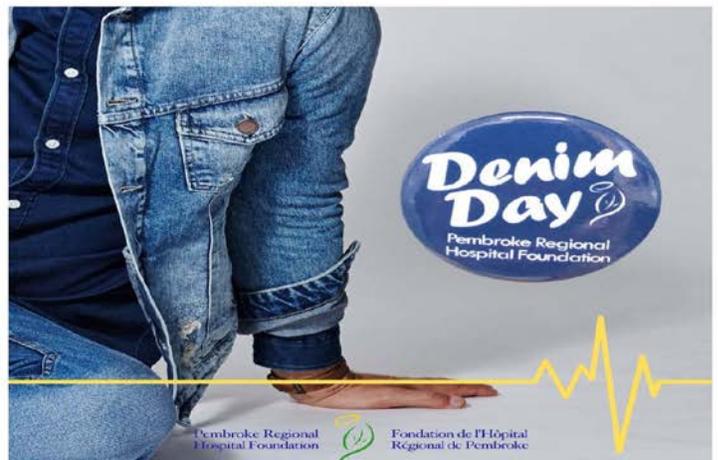
Week 14 Draw is now LIVE!

Progressive Jackpot now **\$23,315** and climbing
PRHcatchtheace.ca

CARING FROM THE CORE

Staff Payroll Deduction Program

*For Our Hospital
For Our Community*



Staff can donate to their Pembroke Regional Hospital by enrolling in *Caring from the Core* automatic payroll deductions and participating in Friday Denim Days.

Visit the Foundation Office for more information, or email foundation@prh.email