

Today's Take-Aways

COVID-19 Vaccine Distribution

- A third COVID-19 vaccine manufactured by AstraZeneca has now arrived in Canada and has been approved for use with individuals who are aged 60-64 years of age. We do not yet know if this vaccine will be available for use in Ontario or Renfrew County.

- PRH is hosting a second series of vaccine clinics over the next three days during which time 900 doses of the Pfizer vaccine will be given out. Friday's clinic taking place in Tower D is primarily for "patient-facing" PRH staff and physicians, while the clinics taking place in Outpatient Rehabilitation Saturday and Sunday will largely cater to staff members from retirement homes and other congregate settings, as well as patient-facing health care workers in the broader community.

- In order to accommodate parking for those attending this weekend's COVID-19 vaccination clinics, we will once again be temporarily closing off the Tower C staff parking lot. We would ask that all those who would usually park there over the weekend kindly park in the Deacon Street staff parking area instead. Closure of the Tower C staff parking lot is scheduled for the evening of Friday, March 5th, and all day Saturday, March 6th and Sunday, March 7th.

- Starting next week, in order to accommodate larger numbers of vaccinations, we will be moving all clinics to the Pembroke Memorial Centre (PMC) and ramping up from three to five vaccination stations per clinic. As you can imagine, preparations for our current clinics and this rollout of clinics in the community has taken a great deal of effort and has involved many from our staff and management team. Thanks to all involved for your efforts to date!

- Please note that after this weekend there will be no more on-site vaccination clinics at PRH for PRH staff and physicians. Those scheduled to get vaccinations after this weekend, including those who do not have a "patient-facing" role, will be receiving their vaccinations at the PMC when it is their time to do so.

- Plans are in the works to have paramedics from the County of Renfrew manage vaccinations for our vulnerable populations and those living in retirement homes and other congregate living environments.

Regional Updates

- Renfrew County hospitals, including PRH, are providing assistance to the Queensway-Carleton Hospital by admitting some of their patients as required so that they are not left in an over-capacity position where they need to look at surgery cancellations.

Occupational Health and Safety

- A reminder that under current public health guidelines, everyone in your household must stay home if anyone has COVID-19 symptoms or is waiting for test results after experiencing symptoms. You must stay home until the person with symptoms gets a negative COVID-19 test result, or is cleared by public health, or is diagnosed with another illness.

Today's Take-Aways...Continued

Infection Prevention and Control

• Now that we are seeing a few more COVID positive patients in our hospital, education is being ramped up again on the proper use of PPE along with other important safety reminders.



**For The Week Of
March 8-12**

March 8: VEGETARIAN LASAGNA SERVED WITH VEGETABLES

March 9: CABBAGE ROLLS & RICE WITH PEI VEGETABLES

March 10: QUESADILLAS

March 11: CHICKEN TETRAZZINI WITH MIXED VEGETABLES

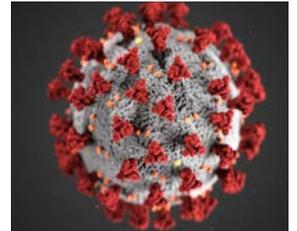
March 12: LEMON PEPPER COD WITH POTATO WEDGES

Current Facts and Figures

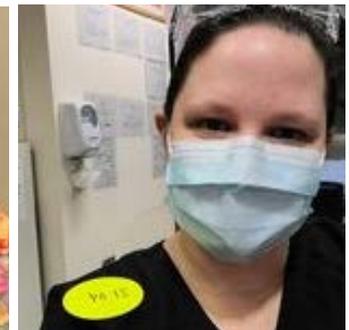
• **Renfrew County:** 28 active cases, 2 deaths, 67,899 tests completed (as of March 4)

• **Ottawa:** 517 active cases, 442 deaths

• **Ontario:** 17,333 active cases, 7,024 deaths



Smile And Say "COVID Vaccine"



WEEK #1 WINNER!

Congratulations

**Tammy
Allen**

\$1,638

Winning ticket
#A-6740123
Card #2 -
King of Diamonds



Thank you to our
Drive Thru Sponsors
March 2021



WEEK #2 WINNER!

Congratulations

**Tanya Parker
(Bark Family)**

\$2,050

Winning ticket
#B-7165854
Card #5 -
King of Clubs



Thank you to our
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March 2021



Everything you need to know about the COVID-19 vaccines

Q: Do I still need to wear a mask after I've been vaccinated?

Yes. Studies are still underway to determine the effectiveness of the vaccine in preventing asymptomatic infection and reducing the transmission of COVID-19. For now, and until scientific experts say it's safe to stop, it is important to continue to follow the advice of public health officials including maintaining a physical distance of two metres from people outside of your household, wearing a mask, practicing proper hand hygiene and limiting non-essential travel. These measures will help keep you, your loved ones and your community safe.

Q: Is there a microchip in the vaccine? No.

Q: How is the COVID-19 vaccine different from the flu vaccine?

The COVID-19 vaccine and the flu vaccine are very different and cannot be directly compared. They target different viruses: the flu vaccine has to combat several influenza viruses which mutate, while the COVID-19 vaccine targets just one virus, SARS-CoV-2.

Q: What if I don't take the second dose of the Pfizer or Moderna vaccines?

It is important to receive both doses. Protection offered by the first dose is lower than what is achieved after the second dose. The vaccines are 94-95% effective after two doses.

Q: What was the approval process for the vaccine?

Canada's best independent scientists thoroughly reviewed all the data before approving the vaccines as safe and effective for Canadians. All safety steps were followed in approving these vaccines. The development of the COVID-19 vaccines progressed quickly for several reasons including: reduced time delays in the vaccine approval process, quick adaptation of existing research programs, international collaboration among scientists and governments, increased dedicated funding and quick recruitment of clinical trial participants.

Q: Can the vaccine give me COVID-19?

No, the COVID-19 vaccine cannot give you COVID-19 or any other infectious disease. None of the Health Canada approved vaccines so far are live vaccines, meaning that they do not contain the virus that causes COVID-19. It is important to remember that it typically takes a few weeks for the human body to build immunity after vaccination. That means it is possible for a person to become infected with the virus that causes COVID-19 just before or just after vaccination. This is because the vaccine has not had enough time to provide protection. Even if you receive the vaccine, please continue to follow the public health measures to keep you, your loved ones and your community safe.

Q: I think I should wait and see what happens to others.

The sooner a majority of Ontarians are vaccinated, the sooner our lives can return to normal. We need a majority of Ontarians to be vaccinated to end the pandemic. We are working to distribute the vaccine to every corner of the province as soon as we receive sufficient supply. To ensure that everyone who wants to be vaccinated can be vaccinated safely and quickly, it is important that people who have access the vaccine are vaccinated the first time it is offered to them.

Q: When can my kids get the vaccine?

So far, a vaccine has not been approved for children. Research is underway to determine when those under the authorized ages can receive the vaccine.

Source: <https://files.ontario.ca/moh-covid-19-vaccines-fact-sheet-en-2021-02-05.pdf>

GRATITUDE

Medical Program

- **Colin and Mark from maintenance** for their quick work on painting the medication room on 3B. They were able to get it completed in one day, despite it being a hectic day on the unit! Also to **Kerri Timm** for helping to reorganize our medication rooms!
- Medical staff would like to recognize the **COVID Vaccination Clinic** and the staff that have been **volunteering**. It was well organized and ran smoothly.
- 2A would like to celebrate Hunter Barnes-Sinclair (Social Worker) for making the time to come and see a patient and help with a complex discharge. Her help was very much appreciated.



All staff are welcome to join us for our
next Mindfulness session

Friday, March 5th

In The PRH Chapel (3rd Floor, Tower A)

At 12 noon (20 minutes in length)

Facilitated by Kate Mooney

Due to COVID safety measures,
there will be limited space in the chapel,
however the session will also be
broadcast on Zoom.

Zoom coordinates can be found on
The Loop or in your PRH email "inbox".



\$1,000 Gift Card Draw

Hosted by Veronda Brydges (Food Services)
In Support Of Retired Co-Worker Cathy Hagarty



Only 200 Tickets Available
\$15 Each

Tickets can be purchased in The Lunch Box from
Amanda Schneider or by calling Veronda at (613) 281-8927.

Draw will be held March 26th @ 1 p.m. - sooner if tickets sell out.
Winner will select the gift card vendor.

Proceeds will help Cathy with expenses as she supports her
husband who is fighting a serious illness.

PRH Professional Staff Recognized For Achieving Long Service Milestones In 2020

Congratulations to the following physicians and one midwife who achieved long service milestones in 2020. Those whose milestones were 5, 10 and 15 years of service will receive a certificate and a service pin. Those who achieved milestones of 20 years of service and above will additionally have a donation made to the PRH Foundation in their name.

5 Years of Service

Dr. Raluca Antonescu, Dr. Abram Choi, Dr. Mylene Gagne, Dr. Anthony Garretto, Dr. Richard Johnson, Dr. Tarek Naguib, Dr. Kate Quirt, Dr. Pawel Stefanski, Dr. Amanda Williamson,

10 Years of Service

Dr. Colleen Haney, Kilmeny Heron, Dr. Tatiana Jilkina, Dr. Charles Quirion, Dr. Declan Rowan, Dr. Anne-Marie Savoie,

20 Years of Service

Dr. Alanna MacGregor and Dr. Mark Northcott

30 Years of Service

Dr. Jeff Jones

40 Years of Service

Dr. K.C. Li, Dr. Ben Mgbemena, Dr. Scott Murray

45 Years of Service

Dr. Wayne Canniff and Dr. Roland Hing

50 Years of Service

Dr. W.M. Pan

Foundation News



You can purchase your Catch the Ace 2.0 tickets in person at the Mural Café! Open on Mondays, Tuesdays, Thursdays and Fridays from 9:30 am until 2 pm. You can also purchase online at www.prhcatchtheace.ca



Thank you to all of our wonderful staff who participated in the Connect to Care Radiothon for our Cancer Care Campaign! \$48,000 raised as of 4:45 p.m. Goal was \$50,000!



How it works?

After registering, you'll receive an emailed link to join the FB event. If you miss the "Live" event, just join the group when it's convenient and follow the recorded class.

The PRH Staff Association Presents
A Virtual "Garden Party" Tutorial
 Hosted By *The Bath Boutique*

Sunday, March 21st, 6-7 p.m.
on Facebook Live

\$20 for Staff Association Members
\$25 for Non Members

Kits will include materials to make:
 bath tea, a sweet orange shower steamer,
 two chapsticks and a mini lotion stick.



Registration: March 4-12 in the Finance Office - Cash/Cheque ONLY
Kits can be picked up March 18/19 from B446 (C. Levesque)

More Great COVID-19 Vaccination "Shots"

