



Hôpital Régional de
Pembroke
Regional Hospital



The Pulse

October 6, 2022

We are committed to providing care to people who are most at risk in our communities, and to addressing gaps in service with innovation and compassion.

Today's Take-Aways

Regional Updates

- Regionally, our hospital continues to be in the orange status of the COVID risk matrix while others in our sector remain in green. This discrepancy is the result of our COVID-positive patient and staff numbers which are not seeing as much of a decline as those in other parts of Renfrew County.

Vaccine Distribution

- We are pleased to share that our first round of staff clinics for the Bivalent COVID-19 booster were well-attended this week, with approximately 60-70 staff receiving their vaccines.
- Just a reminder that the current COVID Bivalent vaccine clinics are for staff only. Family members are encouraged to use local health unit clinics or schedule vaccination appointments at local pharmacies.
- We have received word that the health unit now has the influenza vaccine in stock so we will be looking to start flu shot clinics in the next week or two. Stay tuned for more details!

Human Resources

- Given our challenges in recruiting volunteers to assist with way-finding and other roles within the organization, we will be stepping up communications to create a more active recruitment campaign for PRH volunteers.

Supplies

- While our PPE stock remains stable, we continue to dedicate resources to daily management of items currently back-ordered or unavailable. We foresee these challenges continuing for the foreseeable future and appreciate the patients of those we are working with to secure substitutions and other alternatives.

Infection Prevention and Control

- In order to ensure PPE compliance and keep our staff and patients safe, team members can anticipate additional education and reminders in the coming days and weeks around PPE compliance throughout the organization.

While we have learned that there may be new PPE guidance documents coming which may reduce some of the COVID-19 safety measures that are in place, they do remain in place currently and will be required unless further direction is given to the contrary.

Today's Take-Aways Continued

Employee Health

• Did you know that a crisis or traumatic event such as the recent devastation in Atlantic Canada caused by Hurricane Fiona can trigger overwhelming emotional responses? Remember that the immediate and confidential Employee Assistance Program (EAP) services are accessible 24/7/365 by calling 1-844-880-9142 or visiting www.workhealthlife.com. The website features additional information and tips on coping with trauma. For additional support, please contact Abilities Management Coordinator Sandra Griffiths at extension 7214.

Departmental Updates

Food Services

• Some exciting new technology is being introduced to our department which will improve order accuracy, address patient allergies, allow for inventory tracking and more. Stay tuned for more details as we advance this implementation.

Information Technology

• Staff will soon see a new look for the Citrix login page! This new look is the first step towards improvements in the Citrix experience which will also lead to improved application stability. If you have any questions as we go forward with these enhancements, please contact Helpdesk at extension 8000.

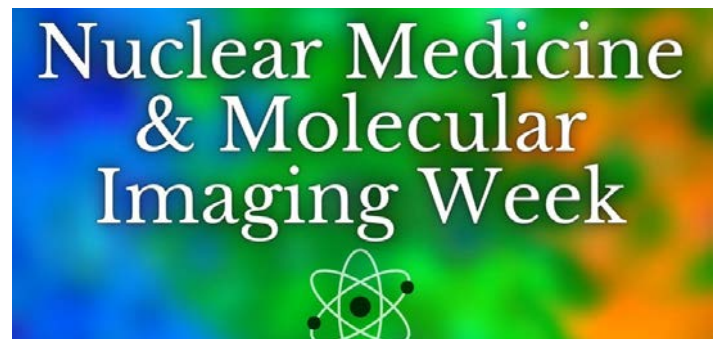
• On October 17th, IT will be welcoming a new team member who will be primarily responsible for Helpdesk communications.

Rehabilitation

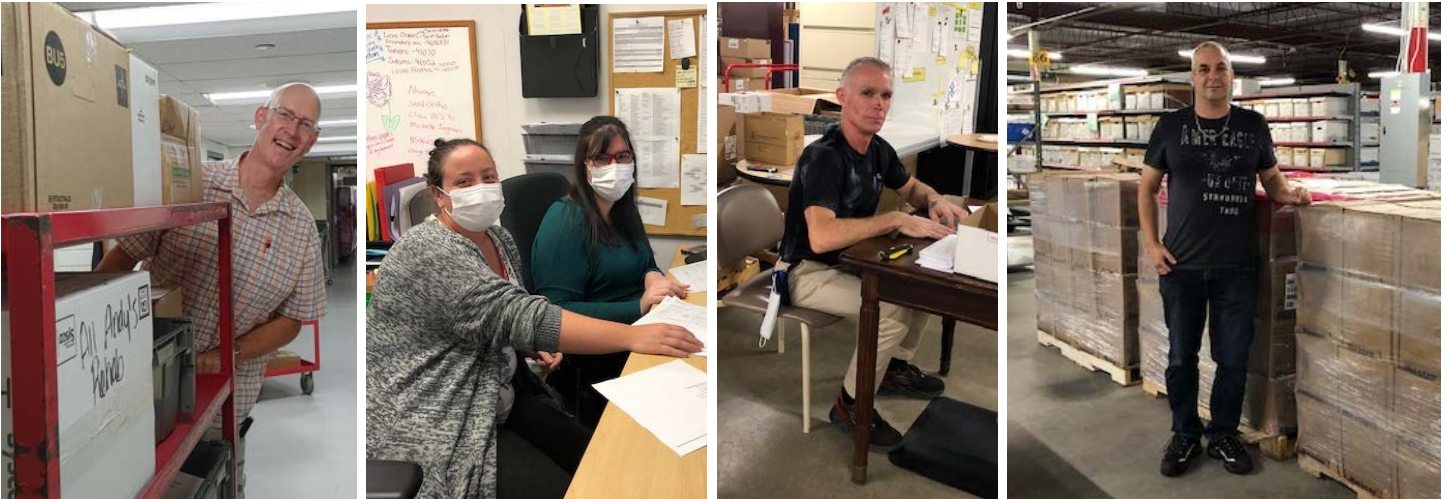
• The unit will be introducing a new physiotherapy scheduled starting October 17th that will expand the availability of physiotherapy services for our inpatients. We are excited to roll this out.

PRH Foundation

- The next edition of Catch the Ace will launch October 12th.
- Our next AutoLotto will launch October 25th.



PRH Celebrates Healthcare Supply Chain Week



October 2-8 is *Healthcare Supply Chain Week*! Please take a moment to recognize those in our Materials Management Department who work hard behind the scenes supporting the organization with all your supply and purchasing needs.

If you see a Stores Person or Clerk in the hospital or speak with anyone at our offsite warehouse, be sure to give them a shout out.

The ongoing challenges of the pandemic weigh heavily on the supply chain sector and your Materials Management staff continue to work extra hard to support the needs of all departments.



PRH Recognized National Day For Truth And Reconciliation



GRATITUDE

To include a special message in this section, email celebration&recognition@prh.email.

- The **Surgical team** was recently celebrated for managing a mental health patient. “As an observer, the process and care flowed smoothly, the team was very cohesive and worked well collectively in meeting the needs of the patient. Your communication and teamwork was amazing. Everyone fulfilled and accomplished an important role in the care path. Thank you for the valuable feedback during the debrief session.” Great work and congratulations well done! *Michelle Godsell, Heather MacMillan*
- We would like to thank **Rachel England** for working with, and supporting teams during the first phase of accreditation. *Kirsten Johnson, Michelle Godsell, Beth Brownlee*
- Thank you to **Jennifer Niittynen** for participating in and completing the wound care RFP evaluations and supporting the teams with standard work processes for ostomy and wound care practices. *Michelle Godsell, Heather MacMillan, Beth Brownlee*
- Today we are celebrating **Heather Wood and Rachel Campbell in the ED** for their hard work and dedication to ensuring patient safety in the ED with high acuity patients. *Kaley Lapierre*
- Occ Health and IPAC would like to celebrate **Mark Dumouchel** for coordinating the repair of the ceiling in OR#3. Mark did an excellent job of implementing the enhanced Infection Control measures required in an OR environment.
- The Senior Leadership Team would like to celebrate the **Management team** for achieving 100% completion of workplace inspections in the month of August! Well done!

Equity | Diversity | Inclusion

Upcoming Recognition and Celebration Dates

October

Occupational Therapy Month

Breast Cancer Awareness Month

October 2-8 - Nuclear Medicine and Molecular Imaging Week

October 2-8 - Healthcare Supply Chain Week

October 2-8 - Catholic Health Care Week

October 3-7 - Healthcare Food Service Workers' Week

October 6-12 - Physician Assistant Week

October 9-15 - Sterile Processing (MDR) Week

October 10 - World Mental Health Day

October 11 - Thanksgiving

October 16 - Feast of St. Marguerite D'Youville

Save the Date!

December 3 Dinner/Dance @ Germania Hall

- Catering by Ullrich's
- Music by VSM Entertainment (Paul Lavigne)

December 11 Family Party @Petawawa Civic Centre

- Featuring the one-hour Rudolph Rocks performance by Junkyard Symphony and more!

More details to come!

Please note that both events will follow public health guidance and not our hospital's COVID-19 safety measures.





Guardian Angel



"We would like to thank you (Julie Bramburger) for taking such kind care of our mother while she was in hospital. She appreciated your sense of humour and she never felt like a burden with you. Thank you for all you do and specifically for making her time there a little more comfortable."

Thank you!



Thank you to all the amazing staff members who support the Foundation and thank you for all you do! We hope you enjoyed your treats!



LAUNCHING OCTOBER 12th AT 10AM!

www.PRHcatchtheace.ca

Online Auction

IS NOW LIVE!

September 27th - October 17th at 12pm

Register today to bid on some amazing items and support local Cancer Care



Black & White
GALA

Visit our Facebook Page for daily Auction Feature posts and link to auction site.

← Accreditation →

Staff and physicians were asked to complete a “Patient Safety Survey” in June 2022. Results of this survey indicated that there are opportunities to improve some of the safety practices at PRH.

As a result, the Accreditation team developed an action plan to address some of the major concerns identified by staff. This action plan was circulated for review and input from all teams. We would like to thank everyone who provided their feedback and suggestions to expand this action plan and ensure that patient safety remains a priority for PRH.

One of the recurring items brought forward, was a lack of equipment at point-of-care to safely transport our patients (specifically wheelchairs). We have heard this feedback and have taken some initial steps to improve this process. Here’s a few things the teams are now working on to ensure equipment is more readily available at the point-of-care:

- Assessment of current wheelchair stock and purchasing additional equipment
- Standardizing the preventative maintenance process for wheelchairs
- Completing departmental 5S processes to decrease waste and optimize productivity

If you have any other thoughts or suggestions on how we can improve safety practices at PRH, please connect with your departmental manager or email accreditation2023@prh.email.

With our Accreditation Survey only 6 months away, we will now be focusing on educating and preparing staff on the Required Organizational Practices (ROP). As we have discussed, there are a total of 31 ROPs for the organization which are categorized into six central themes. Each month we will focus on one category of ROPs and aim to educate/ inform/ and remind staff about how our daily work and organizational goals align with these standards; this will be referred to as the “ROP of the Month”.

For October, the ROP of the month is Infection Control. Huddle Board packages on this are being circulated for discussion including September’s audit results, seen below.

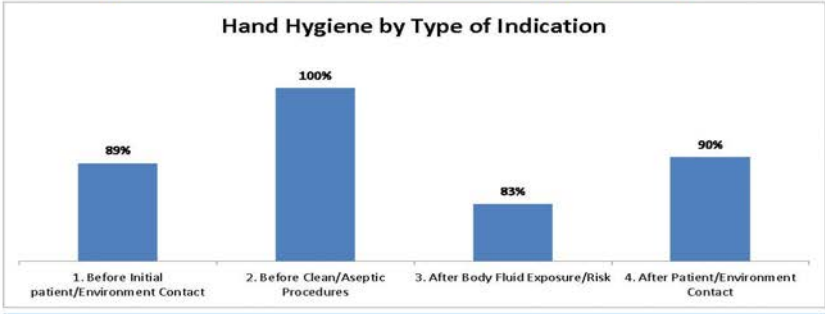
Sept- 2022

Your 4 moments for hand hygiene



Pembroke Regional Hospital All Professional on All Units

- Moment 1 Before initial patient/patient environment contact**
- When?** Clean your hands when entering the patient environment
- Before touching patient or
 - Before touching any object or furniture in the patients environment
- Why?** To protect the patient/patient environment from harmful germs carried on your hands
- Moment 2 Before aseptic procedure**
- When?** Clean your hands immediately before any aseptic procedure
- Why?** To protect the patient against harmful germs, including their own germs that can enter their body.
- Moment 3 After body fluid exposure risk**
- When?** Clean your hands immediately after an exposure risk to body fluids (and although you were wearing gloves)
- Why?** To protect yourself and the health care environment from any germs you may have come in contact with
- Moment 4 After patient/patient environment contact**
- When?** Clean your hands when leaving:
- After touching the patient or
 - After touching any object or furniture in the patient’s environment
- Why?** To protect yourself and the health care environment from any germs you may have come in contact with



HH moment	Hand Hygiene by Type of Indication	#times HH was performed	# observed HH indications
1. Before Initial patient/Environment Contact	89%	66	74
2. Before Clean/Aseptic Procedures	100%	9	9
3. After Body Fluid Exposure/Risk	83%	5	6
4. After Patient/Environment Contact	90%	72	80

Note a star (*) denotes 5 or less observations

Happy Birthday Dr. John Davies

The Hospitalist team recently celebrated Dr. John Davies' birthday with treats from Schmecken bakery for staff on 2nd Medical, Medical 3B, Acute Mental Health and Rehabilitation.



Mental Health Services Team Reconnects And Gives Back

Our Mental Health Services team recently hosted their first in-person *System's Meeting* since the start of the pandemic as an opportunity to "Get to Know Each Other Again!"

The first part was held September 23rd at Riverside Park Part featuring a BBQ lunch, music, games and a team photo. Two virtual segments were held on a different day. These team meetings provide an opportunity for program staff to interact, share information about the work being done and learn about network and systems changes at the regional level.

At Riverside Park a collection was taken for the Petawawa Pantry which was co-founded by MHSRC Concurrent Specialist, Laurie Alton.



The group photo was creatively taken in order of when staff members joined the team, starting with 1998 in the back row and the most recent hires in the front.

FALL INTO THE SEASON SALE

Monday, Sept. 19 to Sunday, Sept. 25

Sale extended until October 9th

Join us at PRH's Sunshine Gift Shop and receive 20% off all NEW merchandise

Employees of Pembroke Regional Hospital

Get a quote today and receive a \$20 gift card of your choice on us!

When you choose The Co-operators Group Auto and Home Insurance for your insurance needs, you'll enjoy:

- > Great savings* when you combine your Auto and Home insurance
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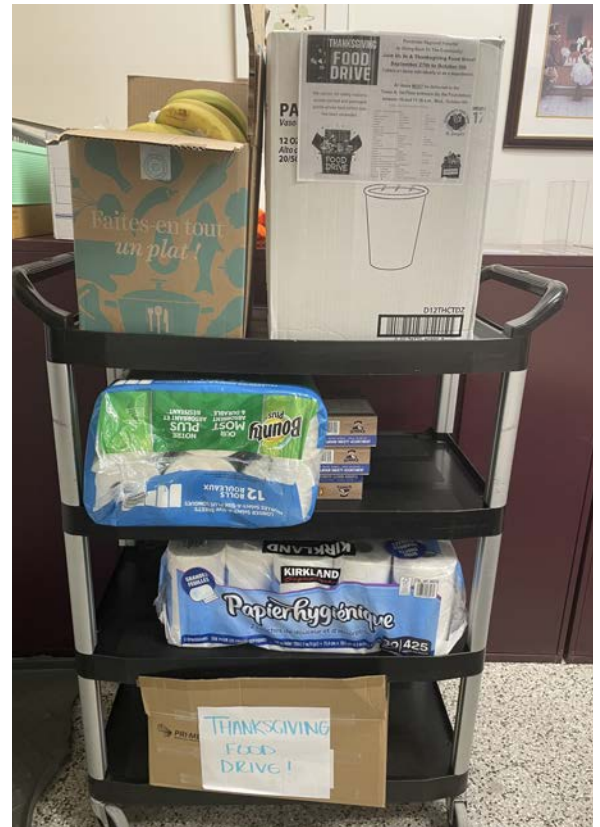


Hurry! This offer is only valid until November 15, 2022. If you are already insured with The Co-operators, we appreciate your business.

Connect with us

Giving Back To The Community Through Holiday Food Drive

A huge THANK YOU to all who gave as part of our Thanksgiving Food Drive. As a result of your generosity, both the St. Joseph's Food Bank and The Grind Pembroke received a selection of food and personal care items.



Ottawa Stroke Summit 2022

November 18, 2022



The Champlain Regional Stroke Network is pleased to announce that registration has opened for the sixth Ottawa Stroke Summit on Friday, November 18, 2022. This virtual, accredited event will be supported by the University of Ottawa's Department of Continuing Professional Development.

The Ottawa Stroke Summit is the Champlain Region's largest gathering of stroke care professionals. Building on the success of our prior stroke summits, the event will bring together regional provincial and national stakeholders in a knowledge exchange forum to advance stroke care.

SUMMIT HIGHLIGHTS



482 Summit
Delegates in 2021



Sponsor and Poster
Exhibits



12 PRESENTATIONS
2 DEBATES
30 SPEAKERS



Access to recordings
of all presentations
for one full year



87% of participants
reported that the
Ottawa Stroke Summit
2021 exceeded their
expectations!

SUMMIT OBJECTIVES



To discuss and share supports, strategies, and resources that will improve the care and experiences for persons living with stroke.



REGISTER HERE!

Regional Stroke NETWORK  Réseau Régional DES AVC
CHAMPLAIN
crsn.ca

LifeWorks

Access your Employee and Family Assistance Program 24/7 by phone or website.

English: 1-844-880-9142

French: 1-844-880-9143

www.workhealthlife.com

LifeWorks offer a full breadth of services for your work, health and life.

