

# Community Connection



## Pembroke Regional Hospital Fall 2016 Edition

Leading, Learning,  
Caring For You

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### Pembroke Regional Hospital Welcomes Three Orthopaedic Surgeons To Its Team

The Pembroke Regional Hospital is excited to announce that three orthopaedic surgeons have been hired to help establish and operate a full service orthopaedic program in our region.

Orthopaedics involves the inpatient and outpatient treatment of injuries and conditions affecting the musculoskeletal system. Repairing broken bones and replacing hip and knee joints, for example, are part of orthopedic services.

“Dr. Christopher de Jesus, Dr. Natasha Holder and Dr. Ingrid Radovanovic are currently in the process of setting up and establishing their practices at the Pembroke Regional Hospital,” said PRH President and CEO Pierre Noel, adding that they recently attended a full-day orientation session at the hospital during which they toured the facility and surgical suites, and were introduced to many of their professional colleagues.

“Our new orthopaedic surgeons are highly qualified, are collegial and will be a great fit within our medical team. Family physicians are now being notified of the referral process for our new orthopaedics program and we are anticipating that the surgeons will begin patient consults in late November or early December with surgeries starting in the New Year,” Mr. Noel said.

Dr. Christopher de Jesus grew up in Ottawa and completed his undergraduate and medical degrees at the University of Ottawa, before

pursuing residency in Montreal at McGill University. “I decided early on that I would like to dedicate my career to helping people. Orthopaedics was a natural choice for me,” Dr. de Jesus said.



Dr. Christopher de Jesus, left, Dr. Natasha Holder and Dr. Ingrid Radovanovic

“I grew up playing a variety of sports which provided exposure to a variety of injuries. It peaked my interest in anatomy, how to recover from injury and get back to activity as soon as possible. Orthopaedic surgery allows me the opportunity to get people up and moving again – doing what they love.”

Having worked at the Ottawa Hospital, Dr. de Jesus, who is bilingual, said he has already treated many patients from the Ottawa Valley who had to leave home and travel for hours to receive the care they needed and is pleased to be bringing this care closer to home.

“I believe in bringing the absolute gold standard of care in orthopaedic surgery to the community. I have been trained in an excellent centre by world renowned orthopaedic surgeons and will continue staying up to date to make sure my patients have the best care available,” Dr. de Jesus said.

Excited to establish his roots in the region and share his passion for health and fitness with his neighbours and friends, Dr. de Jesus said that his wife Emmeline who is also a physician has already started work in the PRH Emergency department. The couple has three children and enjoy an active lifestyle including running, biking and outdoor sports.

Dr. Natasha Holder also joins us from Ottawa where she completed the Ottawa Orthopaedic surgery residency program in 2014. Since then, she has completed a fellowship in Upper Extremity and Sports Medicine at McMaster University and most recently did a fellowship in Musculoskeletal Oncology at the University of Ottawa.

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### Waste Diversion Success Continues

While the acquisition of new equipment or programs at the Pembroke Regional Hospital often takes the spotlight in terms of health care news, some of the hospital's great stories also happen behind the scenes. One example of this is the success and advancement of the hospital's waste management program.

“We are well ahead of many other hospitals when it comes to waste diversion,” said Marilyn Watson, Manager of Environment Services at PRH.

“We are diverting more waste from the landfill site than the average hospital typically would. We are very environmentally responsible with our regular waste stream and we have now further improved our program by moving to reusable sharps and pharmaceutical waste containers,” Ms. Watson said.

Typically, hospitals which have single-use sharps containers or self-service reusable containers must maximize the use of the container in order to minimize the cost to the facility. Ultimately it is most economical to fill each container to the fill line, however, this practice can lead to overfilling and an increased opportunity for exposure and needlestick injuries.

Earlier this year, PRH teamed up with Stericycle to use their Sharps Management Service – a proactive approach to sharps management through which containers are exchanged and replaced by technicians from Stericycle before over filling. The containers themselves are also improved in terms of design for use, improving staff safety. Ms. Watson said the program is working well.



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### PRH Auxiliary Pays Off \$1 Million MRI Pledge



PRH Board of Directors Vice-Chair Heather Ball, second from left, accepts a cheque in the amount of \$59,000, completing the Auxiliary's \$1 million MRI pledge from Auxiliary President Diana Gagne, left, Auxiliary Treasurer Helene Giroux and the Auxiliary's Sunshine Gift Shop Manager Brenda Long.

The PRH Auxiliary's third annual fashion extravaganza at the Carefor Mackay Site on September 30th was another big hit.

The sold out event attended by close to 100 people raised nearly \$3,000 – comprised of ticket/raffle proceeds and merchandise sales. Sunshine Gift Shop sales have also risen since debuting the fall line of fashions.

A great deal of thanks is owed to our Auxiliary who work so hard every day in support of the Hospital.





Pembroke Regional  
Hospital Foundation



Fondation de l'Hôpital  
Régional de Pembroke



## A Message From Our Board Chair



**Volunteer Chair  
Barbara Schoof**

"The Pembroke Regional Hospital has experienced tremendous growth within the last 10 years. With the fundraising efforts of the PRH Foundation and the **incredible financial support of our community**, the Capital Expansion in 2005 gave us Tower B housing a new Emergency Department, Intensive Care Unit, Diagnostic Imaging Department, Acute Mental Health Unit and our 3rd Floor Medical Unit. Without the continued support of our donors we would not have a Satellite Dialysis Unit, new Birthing Suites, a CT scanner, or an MRI. As the programs and needs at our hospital continue to grow we are extremely grateful for your continued support of our hospital and the patients it serves."

## Your Volunteer Board Is Committed To Helping Families Access Comprehensive Health Care. Meet Some Of The Members:



**Kim Drake**, Treasurer of the Foundation, is currently the Coordinator of the Business Program at Algonquin College in Pembroke. In her downtime, Kim likes to volunteer, is an avid runner, and likes to spend time outdoors on the water.



**Dr. Sylvie Cantin**, Foundation Board Member since 2015, is a dedicated physician at Pembroke Regional Hospital who has served the community since 2003. As a former Olympian speed skater, she is passionate about inspiring others to pursue their dreams. Dr. Cantin can often be found at the local arenas spending time with her family.



**Brendan Mark**, Foundation Board Member since 2011, current Vice-Chair, is the Vice-President for Heliconia, a film production company that specializes in outdoor productions, with six unique television series and a YouTube network. His favourite pastime is spending time outdoors with his family.

## 2016 Black and White Gala Celebrates \$1,000,000 Milestone



**Committee Members:**  
Back row, from left, Sylvie Roy, Alice Michaud-Fleming, Sarah Neadow, Janice Hollingworth-Egan, Lisa Edmonds, Donna Farrell, Melanie Henry, Laura Carroll, Jessica Boldt, Lynda Dobbs, Nancy Warren, Marianne Minns and Kim Drake.  
**Missing from photo:**  
Karen Roosen and Jodi Martel

The Pembroke Regional Hospital Foundation would like to extend a very gracious thank you to all of the attendees, sponsors and Black and White Gala Committee volunteers. Thanks to all of your hard work and commitment to raising the standard of health care, the Gala was able to raise over \$90,000 that will support the Surgical Reconstruction Project and the new Orthopedics Program. With the amount raised from this year's event, we are excited to announce that the Black and White Gala has raised over \$1,000,000 for our community hospital since its inception. Thank you to every person who continues to support this magical event!

## Thanks 2016 Black & White Gala Sponsors

Air Canada Foundation/Algonquin Chiropractic Clinic/Art Fleming & Sons Enterprises Ltd./Assante(Mark Wheaton)/Brad Eason & Jodi Martel/Buske Office Equipment/Cathy & Murray Kyte/Custom Draperies, Blinds, Bedding & Home Décor/Darlene Dumas & Don Lauzon/Dean & Colleen Sauriol/Dean Sinclair/Dr. Fahima Koudra/Dr. Fred Matzinger/Dr. Jeff Jones & Mrs. Janet Schultz-Jones/Dr. John & Mrs. Leslie Menzies/Dr. Marlene Van Gentevoort/Dr. Pawel Stefanski/Dr. Peter W. Galley/Dr. Raluca Antonescu/Dr. Scott Murray /Ed & Donna Cotnam/Emond Harnden/Frances M. Lemke Insurance/Francois Lemaire/ Frank Carroll Financial/Gallant Media/Gord Radford/Haley Sheppard/ Helferty Disaster Restoration/Holiday Inn Express Pembroke/Hyska's Your Independent Grocer (Steve & Valerie)/James & Catherine Varvaresos/James Fogarty/Jim & Ann Bertrand/John Butler's Photography/John & Trudi Wren/KeyMac Motorsports/Laura Murphy/Lisa Edmonds & Tony Donnelly/M.S. Whelan/MacEwen Petroleum Inc./Malcolm, Deavitt & Binhammer Ltd./MD Management/Meridian/My FM Radio/Nick's Chicken House & Pizzeria Ltd./NRTC Communications(Martha Overton)/Paramount Kitchens/Pembroke Tile Carpet & Drapery /Petawawa Physio Therapy & Sports/Peter George & Allison Barrett/Pierre & Penny Noel /RBC Dominion Securities(Jim Noble)/Re/Max Pembroke Realty Ltd./Robert & Barbara Schoof/Robert Folz/Roger & Melissa Schilf/Ron Reiche/Roy & Associates/Sandstone Imports/Scotiabank/Sean Serran/Shawn Behnke/SRB/T Stanton Windows/ Star-Set Jewellers/The Candlewick Gift Shop/The Security Company/TravelOnly(Brian Kendrick) /Tyvic Electrical Control/Valley Automotive/Wave Optical/Wayne & Carol Sollows

## 12th Annual Holiday Inn Express Dr. Kim Armstrong Turkey Trot Sets New Record

Congratulations to the dedicated volunteers, participants and the sponsors of the 2016 Holiday Inn Express Dr. Kim Armstrong Turkey Trot. Together we raised \$16,000 to advance health care services!



**Turkey Trot Organizing Committee:**  
From left, Nancy Warren, Gina Gumbiowski (volunteer), Matt Neadow, Sarah Selle, Sonya Silver, Sam Moreau, Sabine Mersmann, Jim Lumsden, Beth Brownlee, Dr. Lomie Coleman, Sarah Neadow, Jessica Boldt and Lisa Bradley.  
**Missing from photo:** Mireille Delorme, Dianne O'Connor, Lorraine Pecoskie, Kirsten Purcell and Jessica Schmidt

## Thank You 2016 Turkey Trot Sponsors

2EET/2CER/Active Family Chiropractic/Alan & Dolores Armstrong/Andrew & Colleen Jones/Bee Gee Farms/Best Western Pembroke Fitness Centre/Brum's Dairy/Calabogie Peaks/Campbell Exterior Finishing/Christie Street Animal Hospital/City of Pembroke Recreation Department/Corey Desouza/Culligan Water/Custom Draperies, Blinds, Bedding & Home Décor/Dineamics/Dr. Debbie Timpson/Dr. Lomie Coleman & Dr. Colin Macpherson/ East Side Mario's/EGM Insurance/Fifth Avenue Jewelry(Mrs. Gwen Greenstock)/Frances Lemke Insurance/Gary & Lorna Pearson/GearHeads/Holiday Inn Express Pembroke/Home Depot Pembroke/Huckabone O'Brien Instance Bradley & Lyle/Hugli's Blueberry Ranch/ Island Brae Golf Club/Kelly & Kelly Lawyers/KI Canada/King Sports/Little Caesar's Pizza/ Lorraine & Gene Murphy/MD Management Ltd./Medigas/Michael Moncion Photography/ Moncion Metro/Mount Martin Ski Club/Mulvihill Drug Mart/Murphy Funeral Home/Oaks of Cobden/Ontario Resource Management Group/Paul & Charlene Jackson/Pembroke Athletic & Conditioning/Pembroke Lumber Kings/PRH Sunshine Gift Shop/Pembroke Shores/ Petawawa Electric/Petawawa Physiotherapy & Sports Injury Clinic/PhysioFit Pembroke/ Pierre & Penny Noel/Roy & Associates/Run Wild Studio/Running Room/Ry-J's Climbing Adventure/Sandstone Imports/Shampoo Room/Skyza Ottawa Valley Bubble Sports & Events /Smitty's Home Hardware/Speedpro Signs/SquareTimber Brewing Company/Sugar Creek Farm/Tents Moments/Thai Gardens/Brianna Branch (White Pine Yoga) and Will & Emma March

## A Giving Legacy



Roland "Rollie" Junop was very invested in his community and knew first hand the importance of commitment to community service. From his many years serving the local township and fire department, to his 50 Red Cross blood donations, Rollie was always giving and did so with an exceptional air of contentment. Rollie's dedication to the service of others continued to be evident when he passed away in 2014, and left a generous bequest to the Pembroke Regional Hospital Foundation. Rollie's gift is not just a gift to our hospital but also to our community as a whole.

"We are honoured by the legacy gift," said Nancy Warren, Executive Director of the Pembroke Regional Hospital Foundation. "Estate gifts are a tremendous way of creating a legacy that helps ensure future generations will have access to optimal health care services." Roland Junop passed away on November 26, 2014, but his legacy of selfless generosity will live on through the improved access to health care at the Pembroke Regional Hospital. To learn more about the PRH Foundation's Planned Giving Program or other ways you can help advance health care for those in our region, please call (613)732-2811, extension 6223, or email foundation@prh.email today!

## PRH Welcomes Orthopaedic Surgeons... Continued from Front

Dr. Holder received her medical degree in Ireland and both a Master of Science and Bachelor of Science in Physiology from McGill University in Montreal.

"I've wanted to be a doctor since I was five. I chose the field of medicine because I wanted to help people in a direct, lasting and meaningful way. During medical school I was first interested in general surgery, but switched to orthopaedics because of the opportunity to affect permanent and lasting change to patients' lives, and indeed their quality of life," Dr. Holder said.

She added that she is excited to be part of the development of the orthopaedics program at PRH and since her husband is a career officer in the Canadian Forces, she looks forward, in particular, to working with the military community at Garrison Petawawa. "I want to turn Pembroke Regional Hospital into a centre of excellence for orthopaedics in the region, serving patients from both Ontario and Quebec in the language of their choice. Both the military and civilian communities in the area deserve a high standard of care and I want to be part of that," she said.

An avid traveler, Dr. Holder said she and her husband enjoy cooking together or finding good meals in local restaurants. She also enjoys live sports and music.

Dr. Ingrid Radovanovic, who grew up in Edmonton, also received her medical degree and training in Ireland. In 2015 she completed a five-year orthopaedic residency at the University of Western Ontario and she recently completed an orthopaedic foot and ankle fellowship at Brampton Civic Hospital.

"I never intended to become an orthopaedic surgeon," Dr. Radovanovic said. "But after completing rotations in paediatric orthopaedics and adult trauma, the decision was easy. I loved the people I worked with and how much we assisted patients in a positive way. Helping take someone's pain away so they can get back to enjoying their life is a great motivator. I realize how lucky I am to be able to do this as a career."

Dr. Radovanovic said she looks forward to working with the other orthopaedic surgeons in order to be able to provide a strong orthopaedic program in the community and noted that the hospital staff at PRH have been very welcoming and supportive.

When she's not working, Dr. Radovanovic enjoys spending time outdoors and is excited to explore all that the Ottawa Valley has to offer. She added that while she's travelled quite a bit, she looks forward to settling down in a new community.

Dr. Tom Hurley, Chief of Staff at Pembroke Regional Hospital described the establishment of the new orthopaedics program as a major advancement for local health care. "We are very fortunate to have been able to recruit three enthusiastic, well trained surgeons who are all thrilled to be part of establishing this new program. This is an exciting time for our medical staff and having this program clearly enhances what PRH has to offer to our community."

## Waste Diversion...Continued from Front

"Not only have we gained health and safety improvements, but we are also realizing savings, both financially and environmentally. By using the Sharps Management Service, we are saving 4,740 containers from going to landfill – which translates into 19,770 pounds of plastic kept out of landfill; 1,527 pounds of cardboard kept out of landfill and the prevention of 11,731 pounds of CO2 emissions," she said.

It was noted that in addition to the sharps aspect of the new program, pharmaceutical waste is now sorted more efficiently and is stored more securely, insuring that all waste is being disposed of in a responsible manner.

For the disposal of biomedical waste, PRH has recently contracted services through The Ottawa Hospital so that our hospital is reducing this type of waste being sent to landfill with no additional cost.

For nearly a decade, Pembroke Regional Hospital has had a waste management program in place through which approximately 38.2% of the hospital's waste is diverted from landfill through recycling. This doesn't include e-waste (such as printer cartridges etc.) which is donated to Valour Public School for processing through their own e-waste diversion program.

"Our goal is to continually beef up and improve our recycling program by looking for advanced practices," Ms. Watson said.

Another aspect of the waste management program which makes PRH unique is the recycling of organics. "We are the only hospital in our area that we know of that recycles organics and we've been doing this for a long time. It's a huge weight and a huge diversion program", Ms. Watson said, noting that a total of 18 large green bins full of organics are diverted from landfill and recycled by the Ottawa Valley Waste Recovery Centre each week.

Hospital President and CEO Pierre Noel said there is great pride in knowing how well the hospital is doing in terms of reducing its impact on the environment. "Our Environmental Services team recognizes the importance of waste management and has taken a lot of initiative to find ways to improve the practices we have in place as a way of protecting and preserving our environment for future generations," Mr. Noel said.



## Work Progressing On Surgical Upgrades

With orthopaedic surgeries on track to begin in January as part of the new surgical program approved by the Champlain Local Health Integration Network (LHIN), the Pembroke Regional Hospital is now in the process of securing specialized orthopaedic equipment and conducting staff education.

"As you can imagine, this is a very exciting development for our hospital and for those in our region who require orthopaedic care," said Hospital President and CEO Pierre Noel.

On a related note, work is also progressing on the hospital's \$12 million Ministry approved capital project to modernize the inpatient surgical unit and day surgery space. Once complete, these upgrades will provide additional comfort and improved space for all surgical patients.



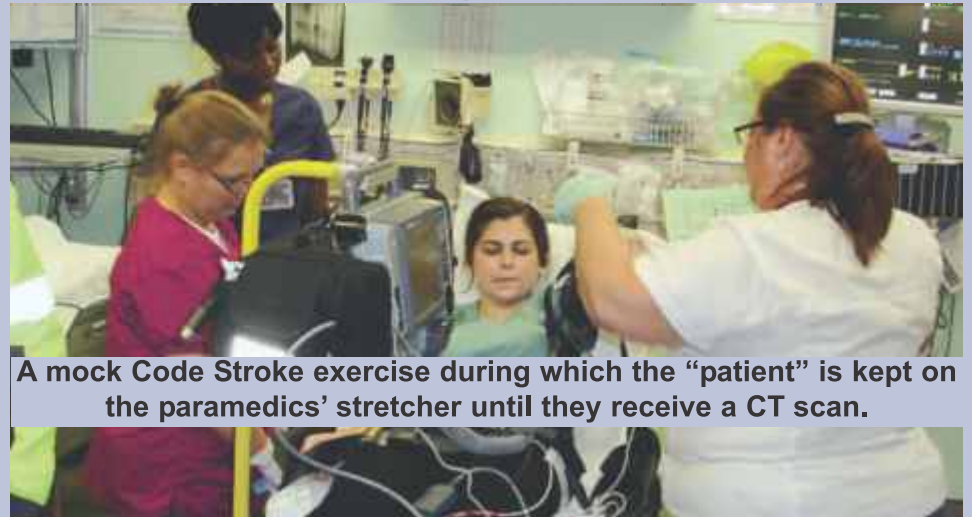
Pierre Noel

In support of this project, the Pembroke Regional Hospital Foundation will soon be launching a \$2.5 million fundraising campaign to raise the "local share" of this surgical upgrades project.

As with other capital projects funded by the Ministry of Health and Long-Term Care, 90% of the cost is provincially funded, while 10% of the cost, plus 100% of the costs to equip the space must be paid for locally.

"Recognizing the tremendous job our Foundation and our Auxiliary have done in fundraising for all of our past projects, and the true generosity of the people in our community, I have no doubt that everyone will rally around this important project as well," Mr. Noel said.

## Stroke Process Improvements Shorten Wait Times For Diagnosis And Treatment



A mock Code Stroke exercise during which the "patient" is kept on the paramedics' stretcher until they receive a CT scan.

When it comes to optimal stroke care, every minute counts which is why the Pembroke Regional Hospital's District Stroke Centre has teamed up with the County of Renfrew Paramedic Service to roll out a new best practice model of care which will help decrease what's known as "door to needle time".

Vascular Health Coordinator Karen Roosen explains that "door to needle time" refers to a specific timeframe within which tPA (Tissue Plasminogen Activator), a clot-busting drug used to treat certain types of strokes, can be administered to a stroke patient who has arrived at the Emergency Department. Although the current door to needle time at PRH has improved significantly by dropping to 46 minutes from 63 over the past 2 years, the provincial benchmark also continues to drop as new procedures are developed.

"By implementing the new procedures, we are striving to reduce our 'door to needle time' to 30 minutes," Mrs. Roosen said. She noted that one of the key components of this initiative involves the stroke patient remaining on the paramedic's stretcher from the time they are triaged and assessed in the Emergency Department through to completion of a CT scan. This initiative is already a best practice in Code Stroke management at Quinte Health Centre in Belleville where local representatives conducted a site visit to learn more about the process and what is required.

Dave Libby, Acting Chief for the County of Renfrew's Paramedic Service said they are very excited to be part of this initiative recognizing how much of a positive impact it will have on the patients and the community.

As a District Stroke Centre for the region, the Pembroke Regional Hospital is recognized province-wide as being a high performer for the transfer of stroke patients to stroke rehabilitation within five days of admission versus the provincial benchmark of six days.

PRH is also the only site in the Champlain LHIN (Local Health Integration Network) to meet the provincial definition for designation as an integrated stroke unit – which means that all the stroke unit beds for both acute care and rehabilitation are located in the same area of the hospital and a dedicated interprofessional team with stroke expertise (nursing, physiotherapy, occupational therapy and speech-language pathology) is managing the patient's care. The model, which is designed to meet individual stroke care needs, supports a seamless transition of patient care from acute care to rehabilitation.

## Pembroke Regional Hospital Recognizes Therapeutic Benefit of “Family” At Bedside

Especially in times of crisis, patients want to have regular access to those they consider “family”.

In order to accommodate this at PRH, a distinction was made nearly a decade ago between those our patients consider to be “family” and regular visitors. As part of this, the definition of “family” was revised to include parents, grandparents, spouse or significant other or guardian, child, brother, sister, or the individuals that the patient designates as most significant to their care and who they define as immediate family.

Those considered to be family members by the patients are welcome at any time to participate in care or to offer reassurance and support. A maximum of two family members are welcome at any one time on in-patient units, unless otherwise discussed with the care team. Hours for family

visiting are decided on between the patient and his/her care team and a patient’s requested visitor restrictions are respected.

Public visitors are welcome, two at a time, to visit between 11:30 a.m. and 8:30 p.m. However, a patient’s care team is happy to look at ways to accommodate exceptions for compassionate reasons, taking into account the health of the patient and the safety aspect of being in a hospital environment versus the benefits of social interaction for support and morale.

“As an integral part of our patient-centred care model, Pembroke Regional Hospital recognizes that family play a vital role in patient care and we continue to assist in facilitating this for those in our care,” said Hospital President and CEO Pierre Noel.



## Pembroke Horticultural Society Recognizes The Work Of The PRH Horticulture Committee

The volunteer-based PRH committee was formed this past spring by representatives from a variety of departments in order to beautify the hospital grounds and tend to the internal gardens and plants. With consultation from the Pembroke Horticultural Society, a watering and weeding roster was developed and staff could often be seen out working in the gardens during their lunches and breaks.

## An Historic Moment At PRH



At a service held September 15th to honour the life of Dr. Joseph Foohey, the five sitting hospital CEOs who held their positions during the span of his career were in attendance. Front row, from left: Sister St. Mark (1970-1993), Sheila Schultz (1993-2000), Sister Mary Francis (1964-1970). Back row, from left: Lloyd Koch (2000-2006) and Pierre Noel (2006-present).

## A Spotlight On...Some Of Our Physicians

*Pembroke is blessed with a medical staff that is second to none, all with excellent training and a variety of world class backgrounds.*

**Dr. Thomas Hurley, Chief of Staff**

Dr. Sarah Leavey grew up on the border of Algonquin Park, with parents who worked for the Ministry of Natural Resources. When she was eight, her family moved to the Pembroke area. There she attended elementary school at Our Lady of Sorrows, and high school at Bishop Smith.



**Dr. Sarah Leavey**  
**Obstetrician/**  
**Gynaecologist**

While many of her early summer jobs were based at or related to provincial parks and natural resources, Dr. Leavey said she had a strong interest in science which led her to earn a Bachelor of Science with Honours in Biomedical Science at the University of Guelph. It was during her time in undergraduate studies that she decided upon a career in medicine and while she first explored the option of family medicine, she soon realized she had a greater interest in women’s health and opted to pursue a specialty in obstetrics and gynaecology.

“Obstetrics tends to be such a positive profession. You get to be part of many joyful and memorable moments with women and their families, and that’s something you don’t take lightly or forget.”

“Overall I feel privileged to have been able to come home and give back to, through my profession, the community I grew up in.”

When she’s not working, Dr. Leavey enjoys the outdoors and rural life.

Dr. Siddhartha Mukherjee earned his medical degree and completed three years of post-graduate training in OB/GYN in India. From 1994 to 2004, he completed the All Wales Higher Training Program in the United Kingdom (UK), end phase at the Senior Registrar level, including sub-specialty training in UROGYNE for almost two years.



**Dr. Siddhartha Mukherjee**  
**Obstetrician/**  
**Gynaecologist**

Dr. Mukherjee came to Canada in March 2004 where he was actively involved in the teaching and training of residents as a Consultant in OB/GYN for four years at the Yarmouth Regional Hospital in Nova Scotia, and nearly five months at the Victoria Hospital in Prince Albert, Saskatchewan. Dr. Mukherjee’s areas of expertise include Laparoscopic surgery and Urogynaecology, and he’s the lead physician for Urodynamics study.

He credits his 2009 move to Pembroke to the community’s warmth and the way in which his family was received, as well as the opportunities to develop and implement his skills further. Practicing at a teaching facility was also important so he could continue to teach and train at the resident level. He’s currently Co-Chair of the Managing Obstetrical Risk Efficiently program which features a structured, evidence-based approach to ensuring safe and skilled patient care, and he is Chief of OB/GYN. “It’s great to play a role in safe effective patient care and be part of the highly skilled group.”

Dr. Ashraf Yacoub earned his medical degree from the University of Ain Shams in Egypt. He completed the OB/GYN Residency program at the Royal University Hospital (University of Saskatchewan). Dr. Yacoub also has the Fellowship of the Royal College of Physicians and Surgeons of Canada and the Membership of the Royal College of Obstetricians and Gynaecologists, London, UK.



**Dr. Ashraf Yacoub**  
**Obstetrician/**  
**Gynaecologist**

He has training and experience in the fields of Minimal Invasive Surgery, Infertility, Obstetrics and Gynaecology Ultrasound and General Obstetrics and Gynaecology. His strong academic, clinical and research background has allowed him to provide comprehensive care to his patients. As a Clinical Lecturer at the University of Ottawa, he provides part-time teaching to the post graduate residents.

Dr. Yacoub said his family was warmly welcomed by the Pembroke community in when he arrived in 2006 and that staff and medical colleagues at PRH made it easy to set up practice and fit in as part of the local health care team.

“Obstetrics is very much about teamwork. You cannot do the work alone and we are fortunate to have a dedicated and efficient team of nurses, midwives, anaesthetists, family physicians and internists which allow women to plan for a positive birth experience with many options.”

For the past 37 “fulfilling” years, Dr. Scott Murray has practiced as a Urologist and says that he feels fortunate to have been able to serve and practice in such a wonderful community.



**Dr. Scott Murray**  
**Urologist**

A graduate of Carleton University where he earned his Bachelor of Science degree, Dr. Murray completed his medical degree at the University of Ottawa in 1975 where he also followed up with specialized surgical training in Urology.

Passionate about his field, Dr. Murray said PRH and neighbouring hospitals have made wonderful efforts over the years to supply his specialty with innovative, tested and high quality equipment.

He also said he is “honoured and privileged to work with caring skilled professionals and have, with their help, built a strong Urology program of which I am proud.”

Dr. Murray said that what he enjoys most about his career is the kindness, generosity and appreciation of his patients.

When he’s not working, he enjoys volunteering, golfing, skiing, curling and kayaking.



Hôpital Régional de  
**Pembroke**  
Regional Hospital