

PEMBROKE REGIONAL HOSPITAL

MEMO

TO: All Staff and Physicians

FROM: Infection Prevention and Control and Occupational Health and Safety

DATE: Tuesday January 14th, 2025

SUBJECT: RSV Outbreak Declared – Inpatient Rehabilitation

Today, the Pembroke Regional Hospital, in collaboration with the Renfrew County and District Health Unit, declared a respiratory syncytial virus (RSV) outbreak on the Inpatient Rehab Unit.

As a result of the outbreak, all staff and physicians working on the Inpatient Rehab Unit must follow universal masking (medical/ procedure mask) at all times on the unit. Additional PPE including eye protection, gown, and gloves are required for all interactions with patients isolated on droplet + contact precautions and for interactions with any newly symptomatic patients. As always, staff and physicians are reminded to complete a point of care risk assessment and select additional PPE as indicated.

Visitation to the inpatient rehab unit will be restricted to essential caregivers only. General visitation is not permitted at this time. All caregivers attending the unit must be compliant with masking at all times, and additional PPE requirements as indicated by the additional precaution signage. Caregivers who are feeling unwell must delay their visit. Exceptions to visitor restrictions can be made for compassionate or care plan needs but must be done in collaboration with the unit manager/ delegate and Infection Control.

As per Public Health guidelines, only interactions with a patient within 2 metres for a cumulative period of 15 minutes over 24 hours without appropriate PPE are considered high risk of exposure. If you feel that you have had an unprotected high risk contact, please contact the Occupational Health Team (ext 8200) to discuss your situation.

As a reminder, if you are feeling unwell and scheduled to work, please contact the Occupational Health Team prior to attending work. The OHS team will review your situation and provide direction for a safe return to work.

We will be providing additional updates on the situation as required.