

A Patient's Guide for Iron Infusions at Pembroke Regional Hospital

An iron infusion gives your body iron through an IV. It is used to treat very low iron or anemia.

What should I expect during my appointment?

A nurse will start an IV for your iron infusion. Please bring the iron medication you picked up from your community pharmacy. The nurse will prepare the medication in the clinic. The length of your appointment will depend on the type and dose of iron prescribed.

What are the possible side effects of IV iron?

IV iron is generally well tolerated; however, there are potential and rare side effects ranging from mild to severe. It is important to let your nurse know if you experience any side effects, if you have previously had an allergic reaction to IV iron, or are in your first trimester of pregnancy. Potential side effects include but are not limited to:

- Nausea
- Headache
- Flu-like symptoms
- Facial flushing
- Low blood pressure
- Dizziness
- Constipation or diarrhea
- Allergic reaction
 - Allergic reactions usually happen during the infusion, but they can happen after you leave
 - **If you experience any trouble breathing, chest pain, swelling in the face, sudden severe pain or nausea after your appointment please call 9-1-1, or go to the nearest emergency department.**

Disclaimer

This handout gives general information only. It is not personalized medical advice. Your health-care provider will decide which iron treatment is best for you. Some information may not apply to you. Please ask your provider if you have questions