

Do you have a friend or family member who is struggling with their mental health?

Please join other caregivers for...

CAREGIVER COFFEE TIME

1 0 : 3 0 - N O O N

LAST TUESDAY OF EVERY MONTH



★ New Guest Speaker Every Month ★

**Contact Nancy
@ 613-732-8770
ext: 8004 to
reserve your spot**

Carefor Complex, Boardroom C
425 Cecilia Street,
P e m b r o k e

